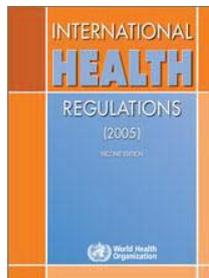


The International Health Regulations (2005) in Malawi: Assessment of the status of implementation in 2015

Ambonishe Mwalwimba^{1, #}, Emily MacDonald^{1, 2, #}, George Bello¹, Thokozani Kalua¹, Collins Mitambo¹, Watipaso Kasambara¹, Setiala Kanyanda¹, Caroline Theka³, Poja Njoka⁴, Didrik Frimann Vestheim^{2, 5}, Matthews Kagoli¹, Benson Chilima¹, Damson Kathyola¹, Line Vold², Frode Forland², Austin Mnthambala¹, Storn Kabuluzi⁶

1. Public Health Institute of Malawi, Ministry of Health, Lilongwe, Malawi 2. Norwegian Institute of Public Health, Oslo, Norway 3. Department of Environmental Affairs, Ministry of Natural Resources, Energy and Mining, Lilongwe, Malawi, 4. Department of Animal Health and Livestock Development, Ministry of Agriculture, Irrigation and Water Development, Lilongwe, Malawi, 5. European Programme for Public Health Microbiology Training (EUPHEM), European Centre for Disease Prevention and Control, Stockholm, Sweden, 6. Directorate of Preventive Health Services, Ministry of Health, Malawi

Introduction: International Health Regulations (2005)



- International Health Regulations (IHR) 2005 requires countries to develop, strengthen and maintain the capacities to detect, assess, notify and report public health events
- Deadline for implementation was June 2012
- Malawi has not previously conducted a national assessment of the status of implementation
- **Objective: To determine the status of implementation and establish a baseline for measuring progress towards full IHR implementation**



Methods: mixed-methods cross-sectional assessment

Study period: March to August 2015

Data sources:

- 75 semi-structured interviews with purposively-selected informants (including 17 districts, 20 health facilities and 18 laboratories)
- National tabletop exercise
- Two stakeholder meetings

IHR (2005) Core Capacity Areas:

1. National legislation, policy and financing
2. Coordination and national focal point (NFP) Communication
3. Surveillance
4. Response
5. Preparedness
6. Risk communication
7. Human Resources
8. Laboratory

Data analysis

- Descriptive analysis of quantitative data from questionnaires.
- Qualitative analysis of strengths, weaknesses, opportunities and threats (SWOT).
- Existing capacities and gaps documented by IHR (2005) Core Capacities, Points of Entry and four Hazard areas (food safety, animal health, chemical events and radiological events).

Results

- Malawi does not yet have the core capacities to fulfill the IHR requirements.
- Structures, guidelines and protocols in existence provide good foundation, although many not fully implemented or operational (*Table 1 – Example from Core Capacity 3: Surveillance*).
- Multi-sectoral collaboration and adoption of all-hazards approach to event preparedness and response not formalized.
- Examples of essential system improvements required for full IHR implementation:
 - Operationalization of existing structures, guidelines and protocols for surveillance, preparedness and response,
 - Reinforcement of the Integrated Disease Surveillance and Response (IDSR) strategy,
 - Increased national and district laboratory capacity,
 - Formalization of multi-sectoral collaboration.

Table 1. Selected existing capacities and weaknesses for Core Capacity 3: Surveillance, Malawi, 2015

Existing capacities	Weaknesses
<ul style="list-style-type: none">• Integrated Disease Surveillance and Response has been updated to include 41 priority conditions and is aligned with the requirements of the IHR (2005).• Reporting structures at the community, health facility, district and central levels are in place.• Electronic reporting mechanisms are being implemented from the district to central level.	<ul style="list-style-type: none">• Revised Integrated Disease Surveillance and Response technical guidelines are not yet implemented.• Lack of integration between vertical surveillance programs and national surveillance system.• Inadequate equipment for data capturing, storage, investigation and reporting.• No formalized early warning system in place.

Discussion and limitations

- IHR (2005) implementation must be considered a continuous process.
- Implementation of the IHR (2005) requires multi-sectoral commitment to prioritize health security activities.
- Self-reported data may lead to inaccurately reported levels of core capacity implementation.
- Operational status of structures, procedures and guidelines difficult to document, partially improved by tabletop exercise.

Conclusion and recommendations

- IHR assessment serves as a reminder that countries must intensify activities to meet the requirements of the IHR (2005), irrespective 2012 implementation deadline.
- A prioritized action plan must be developed to address gaps.
- Multi-sectoral collaboration and support from partners is essential for strengthening existing structures and fostering support for implementing the IHR.

We acknowledge the full assessment team for their involvement in collecting, and analyzing data and all the informants at the central, district and health facility levels who participated in the interview, tabletop exercise and stakeholder meetings.

Contact information:
Ambonishe Mwalwimba
ambonishe@yahoo.com

