UiO Universitetet i Oslo

Nettskjema

Spørreskjemaer, påmeldinger og bestillinger

Hjelp

1

Sigrid Fjell Nævdal

Logg ut

Side 1

English Nynorsk

Forside

Mine skjemaer

County Public Health Survey

County Public Health Survey

Endre tittel

Apent for svar?

Skjemaet er åpent

Steng Avansert

Sist endret

10. april 2018 10:43 av Sigrid Fjell Nævdal

Vis

Bygg skjema Innstillinger

Rettigheter

Kodebok

Innhent svar Se resultater

County Public Health Survey





You have chosen English as your preferred language for the questionnaire. If you prefer Norwegian, please return to the email and choose bokmål or nynorsk.

Please tick the box Next page and you will find both the Consent and the Questionnaire.

This is a survey about health, well-being and other topics that are relevant for public health. If you want to read more about the survey, please go to the webpage of Hordaland fylkeskommune.

It will take about 20 minutes to complete the questionnaire.

You can save the questionnaire underway by clicking "Lagre og utsett" below and complete it later.

SkjemalD (Please do not change this): *

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Sideskif

Side 2

CONSENT

What happens to the information you provide?

We want everyone in Hordaland to have more years of good health and the results from the survey will identify areas for action.

The purpose of the survey is to gather information that your county and local authorities can use in public health work.

In addition to statistics to support local public health activities, we also wish to use the information we collect for research, with a view to improving public health. To achieve the best possible analyses and for quality control purposes, it may be appropriate to collect information from other sources, including data on households, country of origin, employment, income and health. This data will be obtained from the registers of Statistics Norway.

The details you provide will be stored and processed in compliance with applicable personal data protection regulations. All analyses will be conducted without name and personal identification number, or other information that can identify you directly. The Norwegian Data Protection Authority has approved the survey, and all research will adhere to the rules of the Health Research Act, and be carried out by the Norwegian Institute of Public Health or other research institutions approved by regional research ethics committees. It will not be possible to identify individuals in the statistics or in research resulting from the survey. Results will only be published for groups and never at an individual level.

Data will be stored for 10 years after completed data collection.

The county and local authorities will only receive anonymised data files from the Norwegian Institute of Public Health for further analysis.

I consent to the information provided being used in accordance with the above. *

Yes

Sideskift

Side 3

EDUCATION

1. What is your highest level of education?

Basic schooling/secondary/folk high school for up to 10 years

Vocational training/middle school/upper secondary/high school for at least 3 years

College/university for less than 4 years

College/university for 4 years or more

WORK OR LIFE SITUATION

2. What is your work or life situation?

(Tick one or more boxes)

Working full time

Working part time

Homemaker

Old-age pensioner

On sick leave

On disability benefits/receiving unemployment benefits

Receiving social assistance benefits

Unemployed

Student/ military service

INCOME

3. What was your household's combined gross income last year?

Include all income from work, benefits, social assistance and similar.

Below 150,000 kr

150,000-250,000 kr

251,000-350,000 kr

351,000-450,000 kr

451,000-550,000 kr

551,000-750,000 kr

751,000-1 000,000 kr

More than 1,000,000 kr



Sideskift

Side 4

ENJOYMENT

4. To what extent do you enjoy living in your neighbourhood?

To a great extent

To some extent

To a small extent

Not at all

SAFETY

5. To what extent do you feel safe in your neighbourhood?

To a great extent
To some extent
To a small extent
Not at all
1-1
Sideskift Sides
HEALTH IN GENERAL
6. How do you rate your health in general? Would you say it is
Very good
Good
Fair
Poor
Very poor
DENTAL HEALTH
7. How do you rate your dental health? Would you say it is
Very good
Good
Fair
Poor
Very poor
8. When did you last go to the dentist/dental hygienist?
0-2 years ago
3-5 years ago
More than 5 years ago
Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «8. When did you last go to the dentist/dental hygienist?»: More than 5 years ago
8a. Why is it more than 5 years since you went to the dentist/dental hygienist?
(Tick one or more boxes)
Financial reasons
Fear
Transport/travel problems
Other reasons
9. How many of your own teeth do you still have?
(A full set is 32 teeth, including wisdom teeth)
9 or more
8 or fewer
Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «9. How many of your own teeth do you still have?»: 8 or fewer
9a: Do you use dentures?

Not at all A little

Quite a bit Extremely
11.5. To what extent have you been bothered by worrying too much about things during the last week?
Not at all A little Quite a bit Extremely
Sideskift Sideskift
ACCESS TO LOCAL FACILITIES
Think about your neighbourhood and your municipality
12.1. Do you feel that you have easy access to public buildings?
Yes
No
Don't know
12.2. Do you feel that you have easy access to cultural and sports facilities (cinemas, restaurants, libraries, swimming pools, sports facilities etc.)?
Yes
No
Don't know
12.3. Do you feel that you have easy access to shops and other services?
Yes
No
Don't know
12.4. Do you feel that you have easy access to public transport?
Yes
No
Don't know
12.5. Do you feel that you have easy access to green spaces?
Yes
No
Don't know
12.6. Do you feel that it is easy for you to move in and around your own home?
Yes
No
Don't know

12.7. Do you feel that it is easy for you to move around in your neighbourhood?	
Yes	
No	
Don't know	
12.8. Do you feel that it is easy for you to get to nature and recreation areas?	
12.6. Do you leet that it is easy for you to get to nature and recreation areas?	
Yes	
No	
Don't know	
12.9. Do you feel that it is easy for you to find and read information about public services?	
Yes	
No	
Don't know	
13. What things are important to you for enjoying your neighbourhood?	
(Tick a maximum of four boxes)	
Knowing my neighbours	
Having peace and quiet when I want it	
Having access to shops and restaurants nearby	
Having access to various municipal services (doctor, school, health clinic, social services etc.)	
That the neighbourhood is neat and well-maintained	
Having access to nature and recreation areas, sea and the beach	
Having access to cultural activities	
Having a view of the natural landscape	
Good footpaths and cyclepaths	
Good car parking	
Access to common meeting places	
Sideskift	
	Side 9
COPING AND QUALITY OF LIFE	
14.1. Do you see solutions to problems and difficulties that other people find hopeless?	
Yes, usually	
Yes, sometimes	
No	
14.2. Do you feel that your daily life is meaningful and satisfying?	
Yes, usually	
Yes, sometimes	
No	

14.3. Do you feel that things that happen to you in your daily life are hard to understand?	
Yes, usually	
Yes, sometimes	
No	
Sideskift Sideskift	Side 10
SOCIAL SUPPORT AND LONELINESSS	Olde 10
15.1. How many people are so close to you that you can count on them if you have serious personal problems?	
None	
1-2	
3-5	
More than 5	
15.2. How much interest do people show in what you are doing? Would you say that they show	
Great interest	
Some interest	
Neither great nor slight interest	
Slight interest	
No interest	
15.3. How easy is it to get practical help from neighbours if you should need it?	
Very easy	
Easy	
Neither easy nor difficult	
Difficult	
Very difficult	
Sideskift	Side 11
16.1. How often do you feel you miss someone to be with?	0.00 1.
Never	
Rarely	
Occasionally	
Often	
Very often	
16.2. How often do you feel like an outsider?	
Never	
Rarely	
Occasionally	
Often	
Very often	

16.3. How often do you feel isolated from other people?
Never
Rarely
Occasionally
Often
Very often
Sideskift Side 12
TAKING PART IN ACTIVITIES
17.1. How often do you take part in organised activities/volunteer work such as sports teams, political organisations, religious organisations, choirs or similar?
Never
1-3 times a month
Weekly
Daily
Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «17.1. How often do you take part in organised activities/volunteer work such as sports teams, political organisations, religious organisations, choirs or similar?»: Never
17.1a. Why don't you take part?
(Tick one or more boxes)
Don't know what's happening/information is not available
Don't know any others who take part
Don't have time
Am not interested
Don't feel like I belong there
They talk a language I am not familiar with
Too expensive
Can't manage it/too much trouble
17.2. How often do you take part in unorganised activities, like clubs, meeting friends, walking with friends/colleagues or others?
Never
1-3 times a month
Weekly
Daily
Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «17.2. How often do you take part in unorganised activities, like clubs, meeting friends, walking with friends/colleagues or others?»: Never
17.2a. Why don't you take part?
(Tick one or more boxes)
Don't know what's happening/information is not available
Don't know any others who take part
Don't have time
Am not interested

Don't feel like I belong there

They talk a language I am not familiar with

Too expensive

Can't manage it/too much trouble



Sideskift

Side 13

PHYSICAL ACTIVITY

Think about all the VIGOROUS PHYSICAL ACTIVITY you have done in the last 7 days. Vigorous physical activity is activity that requires a lot of effort and makes you breathe much more than usual. Only include activities that have lasted at least 10 minutes at a time.

18.1. On how many of the last 7 days have you done vigorous physical activity such as heavy lifting, digging, aerobics, running or fast cycling?

Velg ...

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.1. On how many of the last 7 days have you done vigorous physical activity such heavy lifting, digging, aerobics, running or fast cycling?»: 1, 4, 5, 2, 3, 6, 7

18.1a. How long did you usually spend on vigorous physical activity on one of these days?

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.1. On how many of the last 7 days have you done vigorous physical activity such as heavy lifting, digging, aerobics, running or fast cycling?»: 1, 4, 5, 2, 3, 6, 7 $\pmb{Number\ of\ hours\ a\ day}$

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.1. On how many of the last 7 days have you done vigorous physical activity such as heavy lifting, digging, aerobics, running or fast cycling?»: 1, 4, 5, 2, 3, 6, 7

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.1. On how many of the last 7 days have you done vigorous physical activity such s heavy lifting, digging, aerobics, running or fast cycling?»: 1, 4, 5, 2, 3, 6, 7 Number of minutes a day

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.1. On how many of the last 7 days have you done vigorous physical activity such as heavy lifting, digging, aerobics, running or fast cycling?»: 1, 4, 5, 2, 3, 6, 7

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.1. On how many of the last 7 days have you done vigorous physical activity such as heavy lifting, digging, aerobics, running or fast cycling?»: 1, 4, 5, 2, 3, 6, 7

Don't know/not sure

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.1. On how many of the last 7 days have you done vigorous physical activity such as heavy lifting, digging, aerobics, running or fast cycling?»: 1, 4, 5, 2, 3, 6, 7

Think about all the MODERATE PHYSICAL ACTIVITY you have done in the last 7 days. Moderate physical activity is activity that requires a moderate effort and makes you breathe a bit more than usual. Only include activities that have lasted at least 10 minutes at a time.

18.2. On how many of the last 7 days have you done moderate physical activity such as carrying light loads, jogging or cycling at a moderate speed? Don't include walking.

Velg ...

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.2. On how many of the last 7 days have you done moderate physical activity such as carrying light loads, jogging or cycling at a moderate speed? Don't include walking.»: 3, 4, 1, 2, 7, 5, 6

18.2a. How long did you usually spend on moderate physical activity on one of these days?

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.2. On how many of the last 7 days have you done moderate physical activity as carrying light loads, jogging or cycling at a moderate speed? Don't include walking.»: 3, 4, 1, 2, 7, 5, 6 Number of hours a day

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.2. On how many of the last 7 days have you done moderate physical activity such as carrying light loads, jogging or cycling at a moderate speed? Don't include walking.»: 3, 4, 1, 2, 7, 5, 6

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.2. On how many of the last 7 days have you done moderate physical activity such as carrying light loads, jogging or cycling at a moderate speed? Don't include walking.»: 3, 4, 1, 2, 7, 5, 6

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.2. On how many of the last 7 days have you done moderate physical activity such as carrying light loads, jogging or cycling at a moderate speed? Don't include walking.»: 3, 4, 1, 2, 7, 5, 6

Number of minutes a day

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.2. On how many of the last 7 days have you done moderate physical activity such as carrying light loads, jogging or cycling at a moderate speed? Don't include walking.»: 3, 4, 1, 2, 7, 5, 6

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.2. On how many of the last 7 days have you done moderate physical activity such as carrying light loads, jogging or cycling at a moderate speed? Don't include walking.»: 3, 4, 1, 2, 7, 5, 6

Vet ikke/usikker

Think about the time you have spent WALKING in the last 7 days. This includes walking at work and at home, walking from one place to another or walking on a trip or as training during leisure time.

18.3. On how many of the last 7 days did you walk for at least 10 minutes at a time?

Velg ...

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.3. On how many of the last 7 days did you walk for at least 10 minutes at a time?»: 2, 3, 1, 6, 7, 4, 5

18.3a. How long did you usually spend walking on one of these days?

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.3. On how many of the last 7 days did you walk for at least 10 minutes at a time?»: 2, 3, 1, 6, 7, 4, 5

Number of hours a day

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.3. On how many of the last 7 days did you walk for at least 10 minutes at a time?»: 2, 3, 1, 6, 7, 4, 5

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.3. On how many of the last 7 days did you walk for at least 10 minutes at a time?»: 2, 3, 1, 6, 7, 4, 5

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.3. On how many of the last 7 days did you walk for at least 10 minutes at a time?»: 2, 3, 1, 6, 7, 4, 5

Number of minutes a day

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.3. On how many of the last 7 days did you walk for at least 10 minutes at a time?»: 2, 3, 1, 6, 7, 4, 5

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «18.3. On how many of the last 7 days did you walk for at least 10 minutes at a time?»: 2, 3, 1, 6, 7, 4, 5

Vet ikke/usikker

The next question covers all the time you spent SITTING on weekdays within the last 7 days. Include time you spent sitting at work, at home, on courses and during leisure time. This may be, for example, the time you spend at your desk, with friends, while reading, or sitting or lounging to watch TV.

18.4. How much time did you spend sitting on an ordinary weekday within the last 7 days?

Number of hours a day

Number of minutes a day
Vet ikke/usikker
Sideskift Sideskift
Side 14 DIET
19.1. How often do you usually drink sugary fizzy or soft drinks?
Rarely/never
1-3 times a month
1-3 times a week
4-6 times a week
Daily
19.2. How often do you usually eat fruit and berries (not including juice)?
Rarely/never
1-3 times a month
1-3 times a week
4-6 times a week
Daily
19.3. How often do you usually eat vegetables (including salads)?
Rarely/never
1-3 times a month
1-3 times a week
4-6 times a week
Daily
19.4. How often do you usually eat fish (as a sandwich spread or for a meal)?
Rarely/never
1-3 times a month
1-3 times a week
4-6 times a week
Daily
Sideskift Sides 15
TOBACCO Side 15
20.1. How often do you smoke? Include both filter cigarettes and rolling tobacco.
Daily
Occasionally

County Public Health Survey - Vis - Nettskjema Not now, but daily in the past Not now, but occasionally in the past Have never smoked 20.2. How often do you snus (oral tobacco)? Daily Occasionally Not now, but daily in the past Not now, but occasionally in the past Have never used snus Sideskift Side 16 **ALCOHOL** We move on to questions about alcohol. Here we are thinking about all alcoholic drinks, such as beer, wine, spirits, alcopops and so on. 21. Have you ever drunk alcohol?? Yes No Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «21. Have you ever drunk alcohol? ?»: Yes 21a. During the last 12 months, how often have you drunk alcohol? Never Once a month or less often 2-4 times a month 2-3 times a week 4 or more times a week Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «21a. During the last 12 months, how often have you drunk alcohol?»: Once a month or less often 4 or more times a week 2-4 times a month 2-3 times a week One unit of alcohol corresponds to a small bottle of beer, one glass of wine or a single measure of spirits. Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «21a. During the last 12 months, how often have you drunk alcohol?»: Once a month or less often, 4 or more times a week, 2-4 times a month, 2-3 times a week 21b. How many units of alcohol do you drink on a "typical" day when you drink alcohol? 1-2 3 - 45-6

7-9

10 or more

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «21a. During the last 12 months, how often have you drunk alcohol?»: Once a month or less often, 4 or more times a week, 2-4 times a month, 2-3 times a week

One unit of alcohol corresponds to a small bottle of beer, one glass of wine or a single measure of spirits.

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «21a. During the last 12 months, how often have you drunk alcohol?»: Once a month or less often, 4 or more times a week, 2-4 times a month, 2-3 times a week

21c. How often do you drink six or more units of alcohol in a single session?

Never

Less frequently than monthly

	Monthly
	Weekly
	Daily or nearly daily
Si	deskift
INJU	Side 1
The fo	llowing question applies to new injuries during period, not treatment of old injuries. Here, 'go to the doctor' includes GPs, casualty s and the specialist health service.
22. D dent	uring the last 12 months, have you sustained any injuries that have caused you to go to the doctor or ist?
	Yes, one
	Yes, several
	No
	lementet vises dersom et av følgende alternativer er valgt på spørsmål «22. During the last 12 months, have you sustained any injuries that have caused go to the doctor or dentist?»: Yes, several, Yes, one
22a. \	Was your injury a result of
(Tick o	ne or more boxes)
	Traffic accident
	Accident at work
	Accident at school/other education
	Accident in the home
	Accident during leisure activity (not organised activity)
	Accident in connection with organised sport or exercise
	Violence
	Other
Si	deskift
NOIS	Side 1
22.4	Thinking about the last 12 months, how much have you been bethered by noise from read treffic while
	Thinking about the last 12 months, how much have you been bothered by noise from road traffic while ome?
	Not at all
	A little
	Fairly
	Very
	Extremely
	Thinking about the last 12 months, how much have you been bothered by noise from other sources at home?
	Not at all
	A little
	Fairly
	Very

Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «2. What is your work or life situation?»: Student/ military service, Working full time, Working part time
23.3. Thinking about the last 12 months, how much have you been bothered by noise at work or at school?
Not at all
A little
Fairly
Very
Extremely
Sideskift Side 19
HEIGHT AND WEIGHT
24. How tall are you in your bare feet? (in cm)
25. How much do you weigh without clothes or shoes? (in kg) (If pregnant, weight before pregnancy)
Sideskift Side 20
MARITAL/COHABITING STATUS
26. Are you married/cohabiting or single?
Married/cohabiting Single
NUMBER OF PEOPLE IN THE HOUSEHOLD
27. How many people live in your household? Only include people you share household expenses with, and do not count yourself Velg
Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «27. How many people live in your household?»: 5, 6-10, 3, 4, 11 or more, 1, 2 27a. How many of them are not yet 18 years old?
Velg □ Sideskift
FINANCES Side 21
28. Could you (your household) afford to pay an unexpected bill of 10,000 kroner over a month, without having to take out a loan, use credit, sell property or receive outside financial help?
Yes No
29. How do you feel about your financial situation compared with other people in Norway?
Well off

Dissatisfied

Very dissatisfied

NEIGHBOURHOOD

32. Do you live in ...

A city?

A city suburb?

A town?

Public Health Survey – Vis - Nettskjema
A village?
A sparsely populated area?
Sideskift Sideskift
Side 2 Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «2. What is your work or life situation?»: Working full time, Working part time, On sick leave
JOB SITUATION
Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «2. What is your work or life situation?»: Working full time, Working part time, On
sick leave Do you agree or disagree with these statements:
Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «2. What is your work or life situation?»: Working full time, Working part time, On sick leave
33.1. I have a good physical working environment:
Fully agree
Agree
Neither agree nor disagree
Disagree
Fully disagree
Don't know
Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «2. What is your work or life situation?»: Working full time, Working part time, On sick leave
33.2. I usually have a good balance between work and private life:
Fully agree
Agree
Neither agree nor disagree
Disagree
Fully disagree
Don't know
Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «2. What is your work or life situation?»: Working full time, Working part time, On sick leave
33.3. My work is rarely so stressful that my health suffers:
Fully agree
Agree
Neither agree nor disagree
Disagree
Fully disagree
Don't know
Dette elementet vises dersom et av følgende alternativer er valgt på spørsmål «2. What is your work or life situation?»: Working full time, Working part time, On sick leave
33.4. All in all, I'm satisfied with my job:
Fully agree
Agree
Neither agree nor disagree Disagree
=.009.00

Fully disagree

Don't know	
Sideskift	Side 25

SATISFACTION WITH LIFE

34. Thinking about your life at the moment, would you say that by and large you are satisfied with life, or are you mostly dissatisfied?

Very satisfied

Quite satisfied

A bit of both

Somewhat dissatisfied

Very dissatisfied

Do you have any comments?

Se nylige endringer i Nettskjema (vv325_1rc1)



Vilkår Personvern og vilkår for bruk Nettskjema bruker informasjonskapsler Kontaktinformasjon Kontaktpunkter Nettskjema **Ansvarlig for denne tjenesten** Webseksjonen – USIT