**Interview survey – foodborne disease outbreak**

Name of interviewer: ............................................................... Date the questionnaire was completed: .....................................................

|  |  |
| --- | --- |
| **Information about the patient** | |
| Name: |  |
| Date of birth: |  |
| Profession: |  |
| Workplace / school / daycare: |  |
| Address: |  |
| Telephone / e-mail: |  |

If the patient is a child (or is unable to answer for other reasons): Who respond on behalf of the patient? …………………………………….…

|  |
| --- |
| **Questions about your disease** |

1. **What kind of symptoms did you have?**

Please specify when the symptoms started (date, time) and how long they lasted (no. of days or hours)

|  | Yes | No | Unsure | When did the symptoms begin? Duration? |
| --- | --- | --- | --- | --- |
| Nausea | 🗆 | 🗆 | 🗆 |  |
| Vomiting | 🗆 | 🗆 | 🗆 |  |
| Abdominal pain | 🗆 | 🗆 | 🗆 |  |
| Diarrhea (how frequent?) | 🗆 | 🗆 | 🗆 |  |
| Bloody stools | 🗆 | 🗆 | 🗆 |  |
| Fever | 🗆 | 🗆 | 🗆 |  |
| Joint pain | 🗆 | 🗆 | 🗆 |  |
| Other symptoms (what kind?) | 🗆 | 🗆 | 🗆 |  |

|  |  |
| --- | --- |
| If the fever was measured: How many degrees? |  |

|  |
| --- |
| Date / time: (Date when you first noticed symptoms) |

1. **When did you become ill?**

|  |
| --- |
| Days / hours: Are you still sick? |

1. **How long lasted your illness?**
2. **Do you know other persons who had similar symptoms in the week before or the week after the day when your illness started?** If the answer is yes, did the person(s) become ill before or after your illness began?

| Yes No Unsure | If yes, note when the illness approximately started: |
| --- | --- |
|  |  |
|  |  |

|  |
| --- |
| Are any of these persons a member of your household? Yes 🗆 No 🗆 |
| Did they eat at the same place as you? Yes 🗆 No 🗆 Unsure 🗆 |
| If yes, where? |

|  |
| --- |
| **Most questions in the rest of the questionnaire are about what you ate and what you did in the last week before you became ill**  **Please answer ALL questions: Tick YES if you most likely ate the food, check NO for the foods you most likely did not eat.**  **If in doubt, check the UNSURE**  **Please write down as many details as possible about each food item** |

**Travels – foreign and domestic**

1. **Were you abroad during the last week before you became ill?**  (Also include shopping trips)

|  |  |
| --- | --- |
| Yes No Unsure | |
| What country? | When? |

1. **Were other persons in your household abroad during the last month before you became ill?**

|  |  |
| --- | --- |
| Yes No Unsure | |
| What country? | When? |

|  |  |
| --- | --- |
| Did the person(s) become ill with the same symptoms as you, while being abroad or shortly after return home? | |
| Yes 🗆 No 🗆 Unsure 🗆 | When did the illness start? |

1. **Did you travel within your own country during the week before illness onset?** (Also include weekend trips)

|  |  |
| --- | --- |
| Yes No Unsure | |
| Where? | When? |

1. **Did you attend dinners, parties, meetings, seminars, conferences, sports competitions, festivals, or other events?**

|  |  |
| --- | --- |
| Yes No Unsure | |
| Where? | When? |
| Did you eat there? | Yes 🗆 No 🗆 Unsure 🗆 |
| What did you eat? (Details will come later in the questionnaire) |  |

**Drinking water**

1. **What kind of water supply do you have in your household?**

Does the water come from a water work or do you have a private water supply for just your household?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Yes | No | Unsure | Details (for instance name of the water work): |
| Water work for at least 20 households | 🗆 | 🗆 | 🗆 |  |
| Water work for fewer than 20 households | 🗆 | 🗆 | 🗆 |  |
| Private water supply for just your household | 🗆 | 🗆 | 🗆 |  |

If you have a private water supply for just your household, or if you receive water from a water work for fewer than 20 households: What kind of source does the water come from?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Yes | No | Unsure | Details: |
| Lake, river or brook | 🗆 | 🗆 | 🗆 |  |
| Borehole, groundwater well | 🗆 | 🗆 | 🗆 |  |
| Dug well | 🗆 | 🗆 | 🗆 |  |

1. **Is your drinking water treated (disinfected with chlorine or UV)?**

|  |  |
| --- | --- |
| Yes No Unsure If yes, what kind of treatment? |  |

1. **Did you drink tap water, either at home or elsewhere, during the week before you got sick?**

Also include water used to make juice, lemonade or ice cubes

|  |
| --- |
| **At home:** Yes No Unsure If yes, how many glasses per day? (1-2, 3-5 eller >5): |

|  |  |
| --- | --- |
| **Elsewhere:** Yes No Unsure If yes, how many glasses per day? (1-2, 3-5 eller >5): | |
| Where? | What kind of water supply? (see question 9) |
|  |  |
|  |  |

1. **Did you drink water directly from a lake, pond, river or brook? (for instance while hiking, camping or hunting)**

|  |  |
| --- | --- |
| Yes No Unsure | If yes, where? |

1. **Did you drink any water from a well or cistern? (for instance at a holiday cabin or tourist cabin)**

|  |  |
| --- | --- |
| Yes No Unsure | If yes, where? |

1. **Did you drink bottled water or water from a container?**

|  |  |
| --- | --- |
| Yes No Unsure | If yes, what kind of water? |

**Food from a commercial kitchen**

1. **Did you eat food from a catering establishment or another commercial kitchen during the week before your illness?**

|  | Yes | No | Unsure | Where? When? |
| --- | --- | --- | --- | --- |
| Restaurant | 🗆 | 🗆 | 🗆 |  |
| Hotel | 🗆 | 🗆 | 🗆 |  |
| Hamburger / fast food restaurant | 🗆 | 🗆 | 🗆 |  |
| Pizza restaurant | 🗆 | 🗆 | 🗆 |  |
| Kebab stand, take-away, snack bar | 🗆 | 🗆 | 🗆 |  |
| Other street-vended food | 🗆 | 🗆 | 🗆 |  |
| Roadside cafe, gas station | 🗆 | 🗆 | 🗆 |  |
| Kiosk, hotdog stand | 🗆 | 🗆 | 🗆 |  |
| Cafeteria, café, patisserie, bar, pub | 🗆 | 🗆 | 🗆 |  |
| Tourist cabin | 🗆 | 🗆 | 🗆 |  |
| Canteen – at work or school | 🗆 | 🗆 | 🗆 |  |
| Hospital, nursing home | 🗆 | 🗆 | 🗆 |  |
| Senior center, retirement home | 🗆 | 🗆 | 🗆 |  |
| Daycare facilities for children | 🗆 | 🗆 | 🗆 |  |
| Food brought on the door | 🗆 | 🗆 | 🗆 |  |
| Planes, trains, ferries | 🗆 | 🗆 | 🗆 |  |
| Other | 🗆 | 🗆 | 🗆 |  |

**Poultry**

1. **Did you eat poultry?**

How was the food when purchased: (1) raw but not frozen, (2) raw and frozen, (3) fried or grilled, (4) from a restaurant or catering?

|  | Yes | No | Unsure | Where / when / type / store / restaurant / catering |
| --- | --- | --- | --- | --- |
| Chicken, gourmet chicken | 🗆 | 🗆 | 🗆 |  |
| Chicken filets | 🗆 | 🗆 | 🗆 |  |
| Chicken wings, drumsticks | 🗆 | 🗆 | 🗆 |  |
| Marinated chicken | 🗆 | 🗆 | 🗆 |  |
| Other chicken products | 🗆 | 🗆 | 🗆 |  |
| Hens | 🗆 | 🗆 | 🗆 |  |
| Turkey, turkey filets | 🗆 | 🗆 | 🗆 |  |
| Duck, goose | 🗆 | 🗆 | 🗆 |  |
| Grouse, pheasant, pigeon | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Minced poultry meat | 🗆 | 🗆 | 🗆 |  |
| Cold cuts made of poultry meat | 🗆 | 🗆 | 🗆 |  |
| Sausages made of poultry meat | 🗆 | 🗆 | 🗆 |  |
| Stew or casserole with poultry meat | 🗆 | 🗆 | 🗆 |  |
| Chicken or turkey salads | 🗆 | 🗆 | 🗆 |  |
| Other foods with poultry meat | 🗆 | 🗆 | 🗆 |  |

**Eggs and egg products**

1. **Did you eat eggs or food made with eggs?** (Bakery, pastry, desserts etc. with eggs will come later in the questionnaire)

|  | Yes | No | Unsure | Where / when / type / store / restaurant / homemade? |
| --- | --- | --- | --- | --- |
| Raw eggs | 🗆 | 🗆 | 🗆 |  |
| Soft-boiled eggs | 🗆 | 🗆 | 🗆 |  |
| Hard-boiled eggs | 🗆 | 🗆 | 🗆 |  |
| Fried eggs | 🗆 | 🗆 | 🗆 |  |
| Omelet, scrambled eggs | 🗆 | 🗆 | 🗆 |  |
| Eggnog | 🗆 | 🗆 | 🗆 |  |
| Egg cream | 🗆 | 🗆 | 🗆 |  |
| Mayonnaise, remoulade | 🗆 | 🗆 | 🗆 |  |
| Béarnaise sauce | 🗆 | 🗆 | 🗆 |  |
| Tasted raw dough with eggs | 🗆 | 🗆 | 🗆 |  |
| Other foods with eggs | 🗆 | 🗆 | 🗆 |  |

**Red meat and red meat products**

1. **Did you eat red meat or products made of red meat?**

How was the meat when purchased: (1) raw but no frozen, (2) raw and frozen, (3) fried or grilled, (4) from a restaurant or catering?

Do not include canned food. (Cold cuts and cured meats will come later in the questionnaire)

|  | Yes | No | Unsure | Where / when / type / store / restaurant / homemade |
| --- | --- | --- | --- | --- |
| **Beef:** | | | | |
| Steaks | 🗆 | 🗆 | 🗆 |  |
| Entrecote, rib eye, tenderloin, sirloin | 🗆 | 🗆 | 🗆 |  |
| Roast beef | 🗆 | 🗆 | 🗆 |  |
| Liver | 🗆 | 🗆 | 🗆 |  |
| Casseroles or stews with beef | 🗆 | 🗆 | 🗆 |  |
| Other foods with beef | 🗆 | 🗆 | 🗆 |  |
| **Pork:** | | | | |
| Ham, pork roast, pork steaks | 🗆 | 🗆 | 🗆 |  |
| Salted ham roasts | 🗆 | 🗆 | 🗆 |  |
| Bayonne ham, smoked ham | 🗆 | 🗆 | 🗆 |  |
| Ham strips, ham cubes, pulled pork | 🗆 | 🗆 | 🗆 |  |
| Pork chops, cutlets | 🗆 | 🗆 | 🗆 |  |
| Pork tenderloin, sirloin | 🗆 | 🗆 | 🗆 |  |
| Ribs, barbecue ribs, spareribs | 🗆 | 🗆 | 🗆 |  |
| Pulled pork | 🗆 | 🗆 | 🗆 |  |
| Bacon | 🗆 | 🗆 | 🗆 |  |
| Pork tongue, liver | 🗆 | 🗆 | 🗆 |  |
| Pork knuckle | 🗆 | 🗆 | 🗆 |  |
| Casseroles or stews with pork | 🗆 | 🗆 | 🗆 |  |
| Other foods with pork | 🗆 | 🗆 | 🗆 |  |
| **Mutton and lamb:** | | | | |
| Roasted lamb, lamb steaks | 🗆 | 🗆 | 🗆 |  |
| Lamb chops, lamb cutlets | 🗆 | 🗆 | 🗆 |  |
| Lamb ribs | 🗆 | 🗆 | 🗆 |  |
| Casseroles or stews with lamb | 🗆 | 🗆 | 🗆 |  |
| Ragu | 🗆 | 🗆 | 🗆 |  |
| Other foods with lamb or mutton | 🗆 | 🗆 | 🗆 |  |
| **Game:** | | | | |
| Elk, moose, reindeer | 🗆 | 🗆 | 🗆 |  |
| Deer, red deer, roe deer | 🗆 | 🗆 | 🗆 |  |
| Hare, rabbit | 🗆 | 🗆 | 🗆 |  |
| Minced meat, hamburgers of game | 🗆 | 🗆 | 🗆 |  |
| Casseroles or stews with game | 🗆 | 🗆 | 🗆 |  |
| Other foods with game | 🗆 | 🗆 | 🗆 |  |
| **Food made of minced meat or forcemeat:** | | | | |
| Beef tartar | 🗆 | 🗆 | 🗆 |  |
| Meatballs, patties | 🗆 | 🗆 | 🗆 |  |
| Hamburgers, beef burgers | 🗆 | 🗆 | 🗆 |  |
| Stuffing | 🗆 | 🗆 | 🗆 |  |
| Meatloaf | 🗆 | 🗆 | 🗆 |  |
| Beef Lindstrom | 🗆 | 🗆 | 🗆 |  |
| Cabbage rolls, other meat rolls | 🗆 | 🗆 | 🗆 |  |
| Fried minced meat | 🗆 | 🗆 | 🗆 |  |
| Casseroles / stews with minced meat | 🗆 | 🗆 | 🗆 |  |
| Other foods with minced meat | 🗆 | 🗆 | 🗆 |  |
| **Sausages:** | | | | |
| Grilled sausages, bacon grill | 🗆 | 🗆 | 🗆 |  |
| Hot dogs, frankfurters | 🗆 | 🗆 | 🗆 |  |
| Smoked sausages | 🗆 | 🗆 | 🗆 |  |
| Casseroles or stews with sausage | 🗆 | 🗆 | 🗆 |  |
| Other sausages / food with sausage | 🗆 | 🗆 | 🗆 |  |
| **Other foods with or without meat:** | | | | |
| Pizza with meat or sausage | 🗆 | 🗆 | 🗆 |  |
| Pizzas without meat | 🗆 | 🗆 | 🗆 |  |
| Kebab, wraps | 🗆 | 🗆 | 🗆 |  |
| Pies, spring rolls, pirogues, calzone | 🗆 | 🗆 | 🗆 |  |
| Tapas | 🗆 | 🗆 | 🗆 |  |
| Taco, fajitas, burritos etc. | 🗆 | 🗆 | 🗆 |  |
| Sauces: Salsa, guacamole etc. | 🗆 | 🗆 | 🗆 |  |
| Lasagna, tortellini, ravioli etc. | 🗆 | 🗆 | 🗆 |  |
| Spaghetti, macaroni – with meat? | 🗆 | 🗆 | 🗆 |  |
| Other pasta with meat | 🗆 | 🗆 | 🗆 |  |
| Other pasta without meat | 🗆 | 🗆 | 🗆 |  |
| Pasta sauces, pesto etc. | 🗆 | 🗆 | 🗆 |  |
| Noodle, finished dishes with noodle | 🗆 | 🗆 | 🗆 |  |
| Moussaka etc. | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Risotto, dishes with rice and meat | 🗆 | 🗆 | 🗆 |  |
| Schnitzel, beef Stroganoff, goulash | 🗆 | 🗆 | 🗆 |  |
| Soups with meat | 🗆 | 🗆 | 🗆 |  |
| Soups without meat | 🗆 | 🗆 | 🗆 |  |

**Ready-made meals**

1. **Did you eat ready-made meals or dishes, which were bought in a store? (please include both chilled, frozen and hot dishes)**

How was the dish or meal when purchased: (1) chilled, (2) frozen, or (3) hot, for instance bought at a deli counter.

|  | Yes | No | Unsure | Where / when / type / store |
| --- | --- | --- | --- | --- |
| Ready-made dinners | 🗆 | 🗆 | 🗆 |  |
| Ready-made porridges, puddings | 🗆 | 🗆 | 🗆 |  |
| Ready-made stews or casseroles | 🗆 | 🗆 | 🗆 |  |
| Ready-made sauces or dressings | 🗆 | 🗆 | 🗆 |  |
| Ready-made desserts | 🗆 | 🗆 | 🗆 |  |
| Other ready-made meals or dishes | 🗆 | 🗆 | 🗆 |  |

**Homemade meat and fish dishes**

1. **Did you eat homemade any meat or fish dishes, which were made from scratch in your own household or in another private kitchen?**

|  | Yes | No | Unsure | Where / when / type |
| --- | --- | --- | --- | --- |
| Homemade hamburgers, meatballs | 🗆 | 🗆 | 🗆 |  |
| Homemade stews or casseroles | 🗆 | 🗆 | 🗆 |  |
| Homemade fish products | 🗆 | 🗆 | 🗆 |  |
| Homemade rolls, pâtés, cold cuts | 🗆 | 🗆 | 🗆 |  |
| Taco, pizza, lasagna, pasta dishes | 🗆 | 🗆 | 🗆 |  |
| Other homemade meat of fish dishes | 🗆 | 🗆 | 🗆 |  |

Were spices or seasoning added to these dishes while cooking?

|  |  |
| --- | --- |
| Yes No Unsure | |
| If yes, what kind of spice? |  |

**Raw, rare or undercooked meat**

1. **Did you eat meat of any kind that was raw, rare or undercooked?**

(Red at the bone, red inside the steak, pink meat juice etc.)

|  | Yes | No | Unsure | When / where / type / store / restaurant / homemade |
| --- | --- | --- | --- | --- |
| Mutton, lamb | 🗆 | 🗆 | 🗆 |  |
| Pork | 🗆 | 🗆 | 🗆 |  |
| Beef | 🗆 | 🗆 | 🗆 |  |
| Poultry | 🗆 | 🗆 | 🗆 |  |
| Hamburgers | 🗆 | 🗆 | 🗆 |  |
| Meatballs, patties | 🗆 | 🗆 | 🗆 |  |
| Minced meat or forcemeat products | 🗆 | 🗆 | 🗆 |  |
| Marinated meat | 🗆 | 🗆 | 🗆 |  |
| Sausages or hot dogs that were cold | 🗆 | 🗆 | 🗆 |  |
| Other | 🗆 | 🗆 | 🗆 |  |

1. **Did you taste or nibble raw meat, raw minced meat or stuffing while preparing food?**

|  |  |
| --- | --- |
| Yes No Unsure | If yes, what kind? |

1. **Did you eat sausages, hot dogs, hamburgers or other meat or fish products straight from the package without heating?**

|  |  |
| --- | --- |
| Yes No Unsure | If yes, what kind? |

**Cold cuts and cured meats**

1. **Did you eat cold cuts, lunchmeats, sandwich meats, cooked meats, sliced meats, cold meats, or deli meats?**

If yes, was the product: (1) sliced in the store (for instance at a deli counter), (2) pre-sliced and pre-packaged at the factory, (3) purchased in whole pieces, (4) served on a smorgasbord, (5) on ready-to-eat sandwiches, rolls or baguettes, or (6) was it homemade?

|  | Yes | No | Unsure | Brand / type / sliced in the store / pre-sliced / homemade |
| --- | --- | --- | --- | --- |
| Ham, smoked ham cold cuts | 🗆 | 🗆 | 🗆 |  |
| Meat rolls, pork roll, bologna etc. | 🗆 | 🗆 | 🗆 |  |
| Mortadella, meat loaf, olive loaf | 🗆 | 🗆 | 🗆 |  |
| Beef or roast beef cold cuts | 🗆 | 🗆 | 🗆 |  |
| Chicken or turkey cold cuts | 🗆 | 🗆 | 🗆 |  |
| Other cold cuts | 🗆 | 🗆 | 🗆 |  |

1. **Did you eat salted or cured meat products?**

If yes, was the product: (1) sliced in the store (for instance at a deli counter), (2) pre-sliced and pre-packaged at the factory, (3) purchased in whole pieces, (4) served on a smorgasbord, (5) on ready-to-eat sandwiches, rolls or baguettes, or (6) was it homemade?

|  | Yes | No | Unsure | Brand / type / sliced in the store / pre-sliced / homemade |
| --- | --- | --- | --- | --- |
| Salami | 🗆 | 🗆 | 🗆 |  |
| Pepperoni, chorizo | 🗆 | 🗆 | 🗆 |  |
| Other salted or cured sausages | 🗆 | 🗆 | 🗆 |  |
| Cured ham, gammon | 🗆 | 🗆 | 🗆 |  |
| Parma ham, serrano ham | 🗆 | 🗆 | 🗆 |  |
| Other salted or cured meat products | 🗆 | 🗆 | 🗆 |  |

**Pâtés and salads**

1. **Did you eat pates, mayonnaise salads, potato salad, other salads etc.?**

If yes, was the product: (1) made in a store (for instance at a deli counter), (2) ready-made and pre-packed in a factory, (3) served on a smorgasbord, (4) on ready-to-eat sandwiches, rolls or baguettes, or (6) was it homemade?

|  | Yes | No | Unsure | Brand / type / made in a store / factory made / restaurant |
| --- | --- | --- | --- | --- |
| Liver pate | 🗆 | 🗆 | 🗆 |  |
| Other pates | 🗆 | 🗆 | 🗆 |  |
| Aspic | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Caesar salad, pasta salad | 🗆 | 🗆 | 🗆 |  |
| Chicken salad, turkey salad | 🗆 | 🗆 | 🗆 |  |
| Other salads with meat or seafood | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Potato salad | 🗆 | 🗆 | 🗆 |  |
| Waldorf salad | 🗆 | 🗆 | 🗆 |  |
| Coleslaw etc. | 🗆 | 🗆 | 🗆 |  |
| Fruit salad, strawberry salad | 🗆 | 🗆 | 🗆 |  |
| Other salads | 🗆 | 🗆 | 🗆 |  |

**Fish, fish products and other seafood**

1. **Did you eat any kind of fish or fish products?** (Do not include canned products)

|  | Yes | No | Unsure | Where / when / brand / type / store / restaurant |
| --- | --- | --- | --- | --- |
| Fresh fish (whole, filets, slices) | 🗆 | 🗆 | 🗆 |  |
| Frozen fish (whole, filets, slices) | 🗆 | 🗆 | 🗆 |  |
| Fish fingers, fish sticks etc. | 🗆 | 🗆 | 🗆 |  |
| Other frozen fish products | 🗆 | 🗆 | 🗆 |  |
| Products made of minced fish | 🗆 | 🗆 | 🗆 |  |
| Fish au gratin | 🗆 | 🗆 | 🗆 |  |
| Other processed fish products | 🗆 | 🗆 | 🗆 |  |
| Bacalao, stockfish | 🗆 | 🗆 | 🗆 |  |
| Fish soup, ready-made | 🗆 | 🗆 | 🗆 |  |
| Fish soup, homemade |  |  |  |  |
| Other soups or casseroles with fish | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Smoked salmon | 🗆 | 🗆 | 🗆 |  |
| Smoked mackerel, eel or herring | 🗆 | 🗆 | 🗆 |  |
| Other smoked fish or fish products | 🗆 | 🗆 | 🗆 |  |
| Gravlax, cured fish | 🗆 | 🗆 | 🗆 |  |
| Half-fermented fish | 🗆 | 🗆 | 🗆 |  |
| Sushi or raw fish | 🗆 | 🗆 | 🗆 |  |
| Roe - raw or cooked | 🗆 | 🗆 | 🗆 |  |
| Caviar | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Herring, salted or pickled | 🗆 | 🗆 | 🗆 |  |
| Anchovies (not canned) | 🗆 | 🗆 | 🗆 |  |
| Tuna salad, salmon salad | 🗆 | 🗆 | 🗆 |  |
| Other salads with fish | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Other food items with fish | 🗆 | 🗆 | 🗆 |  |

1. **Did you eat shellfish, mussels or snails?** (Do not include canned products)

|  | Yes | No | Unsure | Where / when / brand / type / store / restaurant |
| --- | --- | --- | --- | --- |
| Shrimps with shell | 🗆 | 🗆 | 🗆 |  |
| Peeled shrimps | 🗆 | 🗆 | 🗆 |  |
| Shrimps on sandwich or baguettes | 🗆 | 🗆 | 🗆 |  |
| Shrimp salad, crayfish salad etc. | 🗆 | 🗆 | 🗆 |  |
| Crabsticks | 🗆 | 🗆 | 🗆 |  |
| Scampi, prawns | 🗆 | 🗆 | 🗆 |  |
| Crabs, lobster | 🗆 | 🗆 | 🗆 |  |
| Crayfish | 🗆 | 🗆 | 🗆 |  |
| Mussels, scallops, oyster, clams | 🗆 | 🗆 | 🗆 |  |
| Snails, squids | 🗆 | 🗆 | 🗆 |  |
| Paella etc. | 🗆 | 🗆 | 🗆 |  |
| Salads with shellfish or mussels | 🗆 | 🗆 | 🗆 |  |
| Other food with shellfish or mussels | 🗆 | 🗆 | 🗆 |  |

**Milk and milk products**

1. **Did you eat or drink any of the following milk products?**

|  | Yes | No | Unsure | Where / when / brand / type / store / restaurant |
| --- | --- | --- | --- | --- |
| Unpasteurized milk | 🗆 | 🗆 | 🗆 |  |
| Food made of unpasteurized milk | 🗆 | 🗆 | 🗆 |  |
| Chocolate milk etc. | 🗆 | 🗆 | 🗆 |  |
| Cream, whipped cream | 🗆 | 🗆 | 🗆 |  |
| Milk shake, banana split | 🗆 | 🗆 | 🗆 |  |
| Soft ice | 🗆 | 🗆 | 🗆 |  |
| Ice-cream, wrapped | 🗆 | 🗆 | 🗆 |  |
| Ice-cream, scooped | 🗆 | 🗆 | 🗆 |  |
| Ice-cream, homemade | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Yoghurts | 🗆 | 🗆 | 🗆 |  |
| Yoghurt dressing, tzatziki o.l. | 🗆 | 🗆 | 🗆 |  |
| Sour milk, kefir, buttermilk etc. | 🗆 | 🗆 | 🗆 |  |
| Sour cream, crème fraiche | 🗆 | 🗆 | 🗆 |  |
| Sour cream dressing or dips | 🗆 | 🗆 | 🗆 |  |

**Bakery, pastry and cakes**

1. **Did you eat any of the following bakery, pastry or cakes?**

If yes, was the food: (1) bought in patisserie, restaurant or another catering business, (2) bought in a grocery store, (3) or was it homemade? Specify the kind of fill and topping on the cakes.

|  | Yes | No | Unsure | Where / when / brand / type / store / homemade |
| --- | --- | --- | --- | --- |
| Sweet rolls with fill, topping or cream | 🗆 | 🗆 | 🗆 |  |
| Danish pastry | 🗆 | 🗆 | 🗆 |  |
| Cream cake, layer cake | 🗆 | 🗆 | 🗆 |  |
| Swiss rolls, apple strudel | 🗆 | 🗆 | 🗆 |  |
| Cheesecakes, chocolate cakes | 🗆 | 🗆 | 🗆 |  |
| Other cakes with filling or icing | 🗆 | 🗆 | 🗆 |  |
| Muffins, chocolate biscuits, brownies | 🗆 | 🗆 | 🗆 |  |
| Biscuits with filling | 🗆 | 🗆 | 🗆 |  |
| Other cakes or biscuits | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Waffles, pancakes | 🗆 | 🗆 | 🗆 |  |
| Store-bought cake mix / batter | 🗆 | 🗆 | 🗆 |  |
| Store-bought waffle mix / batter | 🗆 | 🗆 | 🗆 |  |
| Store-bought pancake batter | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Ready-to-eat rolls, bagels | 🗆 | 🗆 | 🗆 |  |
| Ready-to-eat baguettes, sandwiches | 🗆 | 🗆 | 🗆 |  |

**Cheeses**

1. **Did you eat any soft cheeses?**

|  | Ja | Nei | Usikker | Hvor / når / merke / type / butikk |
| --- | --- | --- | --- | --- |
| Blue Castello, Danablue, stilton etc. | 🗆 | 🗆 | 🗆 |  |
| Roquefort, gorgonzola etc. | 🗆 | 🗆 | 🗆 |  |
| Other blue mold cheeses | 🗆 | 🗆 | 🗆 |  |
| Camembert, brie etc. | 🗆 | 🗆 | 🗆 |  |
| Other white mold cheeses | 🗆 | 🗆 | 🗆 |  |
| Dessert cheeses | 🗆 | 🗆 | 🗆 |  |
| Spiced soft cheeses | 🗆 | 🗆 | 🗆 |  |
| Feta, fetina | 🗆 | 🗆 | 🗆 |  |
| Mozzarella | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Cottage cheese, kesam, quark, curd | 🗆 | 🗆 | 🗆 |  |
| White goat cheese | 🗆 | 🗆 | 🗆 |  |
| Other soft cheeses | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Salads with cheese | 🗆 | 🗆 | 🗆 |  |
| Cheese soufflé, cheese pie | 🗆 | 🗆 | 🗆 |  |

| Were any of the cheeses made from unpasteurized milk? | |
| --- | --- |
| Yes 🗆 No 🗆 Unsure 🗆 | What kind of cheese? |

| Were any of the cheeses produced abroad? | |
| --- | --- |
| Yes 🗆 No 🗆 Unsure 🗆 | What kind of cheese? |

| Did you eat sliced, grated or shredded cheese, which was bought in a store? | |
| --- | --- |
| Yes 🗆 No 🗆 Unsure 🗆 | What kind of cheese? |

**Spices and herbs**

1. **Did you eat any foods with dried spices or dried herbs?**

Please note if the spices were added before or during heat treatment or after the food was finished.

|  | Yes | No | Unsure | Where / when / brand / type / store |
| --- | --- | --- | --- | --- |
| Black pepper, black pepper mixtures | 🗆 | 🗆 | 🗆 |  |
| Paprika / pepper powder | 🗆 | 🗆 | 🗆 |  |
| Chili powder, ground dried chili | 🗆 | 🗆 | 🗆 |  |
| Barbecue spices, pizza spices etc. | 🗆 | 🗆 | 🗆 |  |
| Spices for tacos, fajitas, burritos etc. | 🗆 | 🗆 | 🗆 |  |
| Curry | 🗆 | 🗆 | 🗆 |  |
| Cumin, turmeric | 🗆 | 🗆 | 🗆 |  |
| Other dried spices or spice mixtures | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Cinnamon, cinnamon sticks | 🗆 | 🗆 | 🗆 |  |
| Nutmeg, ginger, cloves, caraway | 🗆 | 🗆 | 🗆 |  |
| Cardamom, vanilla, saffron | 🗆 | 🗆 | 🗆 |  |
| Dried chives, parsley, dill | 🗆 | 🗆 | 🗆 |  |
| Dried basil, oregano, thyme | 🗆 | 🗆 | 🗆 |  |
| Laurel leaves, juniper berries | 🗆 | 🗆 | 🗆 |  |
| Other dried herbs | 🗆 | 🗆 | 🗆 |  |

1. **Did you eat any food with fresh (not dried) herbs?**

Also include fresh herbs used in salads and as garnish for hot dishes, toppings, sandwiches and baguettes.

Did you eat the herbs raw (without heat treatment) or were they heat-treated (for instance added to a casserole, stew or soup)?

|  | Yes | No | Unsure | Where / when / brand / type / store / eaten raw? |
| --- | --- | --- | --- | --- |
| Parsley, leaf parsley | 🗆 | 🗆 | 🗆 |  |
| Chives | 🗆 | 🗆 | 🗆 |  |
| Dill, coriander | 🗆 | 🗆 | 🗆 |  |
| Oregano, basil, thyme, mint | 🗆 | 🗆 | 🗆 |  |
| Rosemary, sage | 🗆 | 🗆 | 🗆 |  |
| Lemongrass | 🗆 | 🗆 | 🗆 |  |
| Exotic herbs - imported | 🗆 | 🗆 | 🗆 |  |
| Other fresh herbs | 🗆 | 🗆 | 🗆 |  |

**Lettuce and sprouts**

1. **Did you eat lettuce or sprouts?**

Also include lettuce and sprouts used in salads and as garnish for hot dishes, toppings, sandwiches and baguettes etc.

|  | Yes | No | Unsure | Where / when / brand / type / store / restaurant |
| --- | --- | --- | --- | --- |
| Leaf lettuce, head lettuce | 🗆 | 🗆 | 🗆 |  |
| Iceberg lettuce, Chinese cabbage | 🗆 | 🗆 | 🗆 |  |
| Ruccola / rocket lettuce | 🗆 | 🗆 | 🗆 |  |
| Raddichio rosso | 🗆 | 🗆 | 🗆 |  |
| Heart lettuce, frieze, rapid, lollo | 🗆 | 🗆 | 🗆 |  |
| Fresh spinach | 🗆 | 🗆 | 🗆 |  |
| Baby spinach, baby leaves | 🗆 | 🗆 | 🗆 |  |
| Sliced or shredded lettuce | 🗆 | 🗆 | 🗆 | (Store-bought) |
| Ready-made salad with lettuce | 🗆 | 🗆 | 🗆 | (Store-bought) |
| Other kinds of lettuce | 🗆 | 🗆 | 🗆 |  |
| Bean sprouts, alfalfa sprouts, cress | 🗆 | 🗆 | 🗆 |  |
| Other sprouts | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Salad dressings | 🗆 | 🗆 | 🗆 |  |
| Did you eat food from a salad bar? | 🗆 | 🗆 | 🗆 |  |

**Vegetables and mushrooms**

1. **Did you eat vegetables or mushrooms?**

Please also include raw vegetables and mushrooms used in salads or as garnish for hot dishes, toppings, sandwiches, baguettes and rolls. Did you eat the vegetables/mushrooms raw or were they heat-treated (for instance boiled, wok-fried, added to a casserole, stew or soup)? (Do not include canned products)

|  | Yes | No | Unsure | Where / when / brand / type / store Eaten raw? |
| --- | --- | --- | --- | --- |
| Tomato | 🗆 | 🗆 | 🗆 |  |
| Cucumber | 🗆 | 🗆 | 🗆 |  |
| Pepper, paprika | 🗆 | 🗆 | 🗆 |  |
| Broccoli, cauliflower | 🗆 | 🗆 | 🗆 |  |
| Carrots, radishes | 🗆 | 🗆 | 🗆 |  |
| Cabbage, Brussel sprouts | 🗆 | 🗆 | 🗆 |  |
| Sauerkraut, pickled cabbage | 🗆 | 🗆 | 🗆 |  |
| Rutabaga, turnip, beets | 🗆 | 🗆 | 🗆 |  |
| Celery sticks, celery root, parsley root | 🗆 | 🗆 | 🗆 |  |
| Sugar peas, sugar snaps | 🗆 | 🗆 | 🗆 |  |
| Beans, green beans | 🗆 | 🗆 | 🗆 |  |
| Corn, corn on the cub, mini maize | 🗆 | 🗆 | 🗆 |  |
| Onion, garlic, shallot, leek | 🗆 | 🗆 | 🗆 |  |
| Pumpkins | 🗆 | 🗆 | 🗆 |  |
| Ginger | 🗆 | 🗆 | 🗆 |  |
| Fennel, asparagus, artichoke | 🗆 | 🗆 | 🗆 |  |
| Chili, Spanish pepper, horseradish | 🗆 | 🗆 | 🗆 |  |
| Avocado, squash, aubergine | 🗆 | 🗆 | 🗆 |  |
| Frozen vegetables | 🗆 | 🗆 | 🗆 |  |
| Frozen vegetable mixtures | 🗆 | 🗆 | 🗆 |  |
| Mushrooms, chanterelles etc. | 🗆 | 🗆 | 🗆 |  |
| Other vegetables or mushrooms | 🗆 | 🗆 | 🗆 |  |
| Vegetables from a family garden | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Pickled onion, pickled cucumber etc. | 🗆 | 🗆 | 🗆 |  |
| Pickled beets | 🗆 | 🗆 | 🗆 |  |
| Fried onion, onion rings | 🗆 | 🗆 | 🗆 |  |
| Capers | 🗆 | 🗆 | 🗆 |  |
| Dried tomatoes | 🗆 | 🗆 | 🗆 |  |
| Dried tomatoes in olive oil | 🗆 | 🗆 | 🗆 |  |
| Olives | 🗆 | 🗆 | 🗆 |  |
| Pickled olives | 🗆 | 🗆 | 🗆 |  |
| Filled grape leaves, dolmades | 🗆 | 🗆 | 🗆 |  |
| Chestnuts | 🗆 | 🗆 | 🗆 |  |

**Fruits and berries**

1. **Did you eat any fruits?**

Please also include fruits used in fruit salads, vegetable salads, or as garnish on warm or cold dishes, or as topping on cakes or sandwiches? Did you eat the fruits raw, or were they heat-treated? (Do not include canned products)

|  | Yes | No | Unsure | Where / when / brand / type / store Eaten raw? |
| --- | --- | --- | --- | --- |
| Apples, pears, plums | 🗆 | 🗆 | 🗆 |  |
| Bananas | 🗆 | 🗆 | 🗆 |  |
| Grapes | 🗆 | 🗆 | 🗆 |  |
| Oranges, mandarins, clementines | 🗆 | 🗆 | 🗆 |  |
| Grapefruit, lemon, lime | 🗆 | 🗆 | 🗆 |  |
| Melons, cantaloupe, honeydew | 🗆 | 🗆 | 🗆 |  |
| Peaches, nectarines, apricots | 🗆 | 🗆 | 🗆 |  |
| Kiwi, mango, papaya, pineapple | 🗆 | 🗆 | 🗆 |  |
| Passion fruit, pomegranate | 🗆 | 🗆 | 🗆 |  |
| Physalis, carambola, litchi | 🗆 | 🗆 | 🗆 |  |
| Other fruits | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Fruits picked on the ground | 🗆 | 🗆 | 🗆 |  |
| Rhubarb | 🗆 | 🗆 | 🗆 |  |
| Jam with fruits, store-bought | 🗆 | 🗆 | 🗆 |  |
| Jam with fruits, homemade | 🗆 | 🗆 | 🗆 |  |
| Marmalades | 🗆 | 🗆 | 🗆 |  |
| Chutney | 🗆 | 🗆 | 🗆 |  |
| Honey | 🗆 | 🗆 | 🗆 |  |

1. **Did you eat any berries?**

Please also include berries eaten together with other food, for instance in salads, or on cakes or with ice cream. (Do not include canned products). Did you eat the berries raw or were they heat-treated?

|  | Yes | No | Unsure | Where / when / brand / type / store Eaten raw? |
| --- | --- | --- | --- | --- |
| Strawberries | 🗆 | 🗆 | 🗆 |  |
| Raspberries | 🗆 | 🗆 | 🗆 |  |
| Cherries | 🗆 | 🗆 | 🗆 |  |
| Red or black currants, gooseberries | 🗆 | 🗆 | 🗆 |  |
| Boysenberries, blackberries | 🗆 | 🗆 | 🗆 |  |
| Blueberries | 🗆 | 🗆 | 🗆 |  |
| Lingonberries | 🗆 | 🗆 | 🗆 |  |
| Cloudberries, cranberries | 🗆 | 🗆 | 🗆 |  |
| Other berries | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Frozen berries, store-bought | 🗆 | 🗆 | 🗆 |  |
| Dried berries, store-bought | 🗆 | 🗆 | 🗆 |  |
| Jam with berries, store-bought | 🗆 | 🗆 | 🗆 |  |
| Jam with berries, homemade | 🗆 | 🗆 | 🗆 |  |

**Nuts, dried fruits, sweets and snacks**

1. **Did you eat nuts, dried, fruits, sweets or snacks?**

|  | Yes | No | Unsure | When / where / brand / type / store |
| --- | --- | --- | --- | --- |
| **Nuts, kernels and seeds:** | | | | |
| Hazelnuts | 🗆 | 🗆 | 🗆 |  |
| Walnuts | 🗆 | 🗆 | 🗆 |  |
| Peanuts | 🗆 | 🗆 | 🗆 |  |
| Almonds, almond flakes | 🗆 | 🗆 | 🗆 |  |
| Cashews | 🗆 | 🗆 | 🗆 |  |
| Pecans, pistachio | 🗆 | 🗆 | 🗆 |  |
| Nut mixes | 🗆 | 🗆 | 🗆 |  |
| Pine nuts | 🗆 | 🗆 | 🗆 |  |
| Sunflower seeds, melon seeds | 🗆 | 🗆 | 🗆 |  |
| Coconuts, minced coconut | 🗆 | 🗆 | 🗆 |  |
| Sesame seeds, linseeds | 🗆 | 🗆 | 🗆 |  |
| Other nuts, kernels or seeds | 🗆 | 🗆 | 🗆 |  |
| Cereal / muesli with nuts or seeds | 🗆 | 🗆 | 🗆 |  |
| Halva, tahini, hummus etc. | 🗆 | 🗆 | 🗆 |  |
| **Dried fruits:** | | | | |
| Raisins, Corinthians | 🗆 | 🗆 | 🗆 |  |
| Dates, figs | 🗆 | 🗆 | 🗆 |  |
| Prunes | 🗆 | 🗆 | 🗆 |  |
| Dried apricot, candid fruit peels | 🗆 | 🗆 | 🗆 |  |
| Other dried fruits | 🗆 | 🗆 | 🗆 |  |
| Cereal / muesli with dried fruits | 🗆 | 🗆 | 🗆 |  |
| Cereal / muesli with dried berries | 🗆 | 🗆 | 🗆 |  |
| Other cereals or muesli | 🗆 | 🗆 | 🗆 |  |
| **Sweets and candy:** | | | | |
| Chocolates, confectionary | 🗆 | 🗆 | 🗆 |  |
| Marzipan | 🗆 | 🗆 | 🗆 |  |
| Caramels | 🗆 | 🗆 | 🗆 |  |
| Sweets, candy, tidbits | 🗆 | 🗆 | 🗆 |  |
| Licorice | 🗆 | 🗆 | 🗆 |  |
| Turkish delight, jelly tops | 🗆 | 🗆 | 🗆 |  |
| Other sweets | 🗆 | 🗆 | 🗆 |  |
| **Snacks:** | | | | |
| Potato chips, crisps, shrimp chips | 🗆 | 🗆 | 🗆 |  |
| Popcorn | 🗆 | 🗆 | 🗆 |  |
| Croutons, grissini, breadsticks | 🗆 | 🗆 | 🗆 |  |
| Other snacks | 🗆 | 🗆 | 🗆 |  |
| Dips or sauces for chips and crisps | 🗆 | 🗆 | 🗆 |  |
| Mustard, ketchup etc. | 🗆 | 🗆 | 🗆 |  |
| **Nut toppings and sweet toppings:** | | | | |
| Peanut butter | 🗆 | 🗆 | 🗆 |  |
| Hazelnut butter | 🗆 | 🗆 | 🗆 |  |
| Chocolate spread | 🗆 | 🗆 | 🗆 |  |
| Other | 🗆 | 🗆 | 🗆 |  |

**Desserts and sweet sauces**

1. **Did you eat sweet puddings, sauces, creams or compotes?**

If yes, was the product: (1) bought at a restaurant or other catering establishment, (2) bought ready-to-eat in a store, or (3) was it homemade?

|  | Yes | No | Unsure | Where / when / brand / type / store |
| --- | --- | --- | --- | --- |
| Chocolate pudding, almond pudding | 🗆 | 🗆 | 🗆 |  |
| Caramel pudding, other puddings | 🗆 | 🗆 | 🗆 |  |
| Crème brûlée, fromage, mousse | 🗆 | 🗆 | 🗆 |  |
| Sorbets, jelly | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Caramel sauce, chocolate sauce | 🗆 | 🗆 | 🗆 |  |
| Custard, vanilla cream, egg custard | 🗆 | 🗆 | 🗆 |  |
| Chocolate cream | 🗆 | 🗆 | 🗆 |  |
| Strawberry sauce, raspberry sauce | 🗆 | 🗆 | 🗆 |  |
| Other sweet sauces or creams | 🗆 | 🗆 | 🗆 |  |
| Prune compote, fruit compote | 🗆 | 🗆 | 🗆 |  |
| Other compotes or desserts | 🗆 | 🗆 | 🗆 |  |

**Juices and sweet beverages**

1. **Did you eat or drink any of the following products?**

|  | Yes | No | Unsure | Where / when / brand / type / store |
| --- | --- | --- | --- | --- |
| Orange juice | 🗆 | 🗆 | 🗆 |  |
| Apple juice, apple cider | 🗆 | 🗆 | 🗆 |  |
| Pear juice | 🗆 | 🗆 | 🗆 |  |
| Grape juice | 🗆 | 🗆 | 🗆 |  |
| Other fruit juices or ciders | 🗆 | 🗆 | 🗆 |  |
| Carrot juice | 🗆 | 🗆 | 🗆 |  |
| Other vegetable juices | 🗆 | 🗆 | 🗆 |  |
| Other juices or lemonades | 🗆 | 🗆 | 🗆 |  |
| Ice tea, ice coffee (store bought) | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Smoothies etc. | 🗆 | 🗆 | 🗆 |  |

**Organic foods**

1. **Did you eat any organic vegetables, fruits, milk, cheese, meat, eggs, or other organic foods?**

| Yes No Unsure | |
| --- | --- |
| If yes, what kind of products? |  |

**Natural medicines and dietary supplements**

1. **Did you use natural or organic medicines, naturopathy, slimming products or dietary supplements?**

| Yes No Unsure If yes, what kind of products? |
| --- |
|  |
|  |
|  |

**Foods purchased abroad**

1. **Did you eat meat or other foods, which were purchased abroad?** (Do not include canned products)

|  | Yes | No | Unsure | Where / when / brand / type / store / country |
| --- | --- | --- | --- | --- |
| Poultry (chicken, turkey, hens) | 🗆 | 🗆 | 🗆 |  |
| Pork | 🗆 | 🗆 | 🗆 |  |
| Beef | 🗆 | 🗆 | 🗆 |  |
| Lamb, mutton | 🗆 | 🗆 | 🗆 |  |
| Hamburgers, meat balls | 🗆 | 🗆 | 🗆 |  |
| Minced meat, forced meat | 🗆 | 🗆 | 🗆 |  |
| Hot dogs, sausages | 🗆 | 🗆 | 🗆 |  |
| Cold cuts | 🗆 | 🗆 | 🗆 |  |
| Salami, salted or cured sausages | 🗆 | 🗆 | 🗆 |  |
| Other salted or cured meats | 🗆 | 🗆 | 🗆 |  |
| Pates, pies etc. | 🗆 | 🗆 | 🗆 |  |
| Soft cheeses, other cheeses | 🗆 | 🗆 | 🗆 |  |
| Chocolate, sweets, snacks etc. | 🗆 | 🗆 | 🗆 |  |
| Fruits | 🗆 | 🗆 | 🗆 |  |
| Vegetables, herbs, mushrooms | 🗆 | 🗆 | 🗆 |  |
| Spices | 🗆 | 🗆 | 🗆 |  |
| Other foods purchased abroad | 🗆 | 🗆 | 🗆 |  |

**Foods with unpleasant taste, smell or color**

1. **Did you eat any food with unpleasant taste, smell, color or appearance?**

|  |  |
| --- | --- |
| Yes No Unsure | If yes, what kind of food? |

**Foods that had passed the expiration date**

1. **Did you eat any food, which had passed the expiration date or best-before-date?**

|  |  |
| --- | --- |
| Yes No Unsure | If yes, what kind of food? |

**Food stores**

1. **Did you eat food purchased in a delicatessen store or deli-counter?**

|  |
| --- |
| Yes No Unsure If yes, what kind of foods - and in which stores were they purchased? |
|  |
|  |
|  |

1. **In which stores were foods you ate in the week before your illness purchased?**

|  |  |
| --- | --- |
| Groceries: |  |
| Meat and fish: |  |
| Vegetables and fruits: |  |
| Other fresh foods: |  |
| Delicatessen: |  |
| Other foods: |  |

**Other foods**

1. **Did you eat any other foods that we have not mentioned so far?**

|  |
| --- |
| Yes No Unsure If yes, what kind of foods - and in which stores were they purchased? |
|  |
|  |
|  |
|  |

**Contact with animals**

1. **Did you have contact with animals or birds, or with their droppings or feed?**

|  | Yes | No | Unsure | Where? When? |
| --- | --- | --- | --- | --- |
| **Livestock and pets:** | | | | |
| Dog | 🗆 | 🗆 | 🗆 |  |
| Cat | 🗆 | 🗆 | 🗆 |  |
| Cattle | 🗆 | 🗆 | 🗆 |  |
| Pig | 🗆 | 🗆 | 🗆 |  |
| Sheep, goat | 🗆 | 🗆 | 🗆 |  |
| Horse, pony | 🗆 | 🗆 | 🗆 |  |
| Chicken, hens, turkeys, ducks, geese | 🗆 | 🗆 | 🗆 |  |
| Cage bird | 🗆 | 🗆 | 🗆 |  |
| Rabbit, guinea pig, hamster | 🗆 | 🗆 | 🗆 |  |
| Mouse or rat – as pets | 🗆 | 🗆 | 🗆 |  |
| Aquarium fishes | 🗆 | 🗆 | 🗆 |  |
| Turtles, snakes, reptiles | 🗆 | 🗆 | 🗆 |  |
| Other livestock or pets | 🗆 | 🗆 | 🗆 |  |
| **Wild-living animals:** | | | | |
| Seagulls | 🗆 | 🗆 | 🗆 |  |
| Small birds, bird feeders, bird tables | 🗆 | 🗆 | 🗆 |  |
| Grouse, ptarmigan, pheasant |  |  |  |  |
| Other wild-living birds | 🗆 | 🗆 | 🗆 |  |
| Wild mice, mouse droppings | 🗆 | 🗆 | 🗆 |  |
| Elk, moose, deer, reindeer, roe deer | 🗆 | 🗆 | 🗆 |  |
| Fox, wolf, bear | 🗆 | 🗆 | 🗆 |  |
| Hare, rabbit, beaver | 🗆 | 🗆 | 🗆 |  |
| Hedgehogs | 🗆 | 🗆 | 🗆 |  |
| Other wild-living animals or birds | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Are there birds in your garden? | 🗆 | 🗆 | 🗆 |  |
| Did you feed the birds? | 🗆 | 🗆 | 🗆 |  |
| Other animals in the garden? | 🗆 | 🗆 | 🗆 |  |
| Did you feed them? | 🗆 | 🗆 | 🗆 |  |
| **Visiting a farm or a zoo:** | | | | |
| Did you visit a zoo? | 🗆 | 🗆 | 🗆 |  |
| Did you visit a farm with animals? | 🗆 | 🗆 | 🗆 |  |
| Did you buy milk there? | 🗆 | 🗆 | 🗆 |  |
| Did you by cheese or other food? | 🗆 | 🗆 | 🗆 |  |
| Did you drink water or juice there? | 🗆 | 🗆 | 🗆 |  |
|  | | | | |
| Were you hunting for food or sport? | 🗆 | 🗆 | 🗆 |  |

**Bathing and swimming**

1. **Did you bathe or swim in the seas, in a lake or in a pool?**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Yes | No | Unsure | Where? When? |
| In the sea | 🗆 | 🗆 | 🗆 |  |
| In a lake, river or brook | 🗆 | 🗆 | 🗆 |  |
| Outdoor pool, hot tub, outdoor spa | 🗆 | 🗆 | 🗆 |  |
| Indoor pool, indoor spa, whirlpool | 🗆 | 🗆 | 🗆 |  |

**Closing questions**

1. **Did you eat any food that was not eaten by other, healthy, members of your household?**

|  |
| --- |
| Yes No Unsure If yes, what kind of food? |
|  |
|  |
|  |

1. **Do you have any leftovers of the food you ate in the last week before your illness onset?**

Do not dispose of leftovers or the packaging – keep everything in the fridge, even from the trash.

|  |
| --- |
| Yes No Unsure If yes, what kind of food? |
|  |
|  |
|  |

1. **What do you think is the cause of your disease? Do you suspect a particular food item, meal or dish? Why?**

Please note how the suspected food was prepared, stored, served or purchased (if this is known):

|  |
| --- |
|  |

**Thank you for your help!**

**Medical and socioeconomic impact questionnaire (used if needed)**

|  |
| --- |
| **Medical and socioeconomic impact and underlying diseases** |

**How many days or hours were you ill?**

|  |  |
| --- | --- |
| Days or hours of illness duration: |  |
| Have your symptoms resolved now? | Yes 🗆 No 🗆 Unsure 🗆 |

**How many days did you stay home from work or school due to your illness?**

If the patient is a child (or a person needing attention for other reasons): How many days did the parents or other guardians stay home from work or school to care for the sick child?

|  |  |
| --- | --- |
| Number of lost workdays / schooldays: |  |

**Did you contact a doctor for this disease?**

|  |  |
| --- | --- |
| Number of medical visits: |  |
| Number of telephone calls to a doctor: |  |
| Was a stool sample collected? | Yes 🗆 No 🗆 |
| Were other samples taken? | Yes 🗆 No 🗆 What kind? |
| Did you get a sick leave note? | Yes 🗆 No 🗆 For how many days? |
| Did you receive antibiotics? | Yes 🗆 No 🗆 What kind? |
| Did you get any other presciption / treatment? | Yes 🗆 No 🗆 What kind? |

**Were you admitted to hospital because of this illness?**

|  |  |
| --- | --- |
| Yes 🗆 No 🗆 | |
| When were you hospitalized? | Date: |
| For how many days were you hospitalized? | Number of days: |
| Did you receive antibiotics there? | Yes 🗆 No 🗆 What kind? |
| Did you receive intravenious fluid? | Yes 🗆 No 🗆 For how many days? |
| Did you get any other medication / treatment? | Yes 🗆 No 🗆 What kind? |

**Did you take any other medicines or drugs for this disease?**

|  |  |
| --- | --- |
| Medicines againts pain or fever | Yes 🗆 No 🗆 What kind? |
| Medicines against diarrhea | Yes 🗆 No 🗆 What kind? |
| Natural or organic medicines | Yes 🗆 No 🗆 What kind? |
| Alternative therapy | Yes 🗆 No 🗆 What kind? (e.g. homeopathy) |

**Do you suffer from any chronic diseases?**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Yes | No | Unsure | Comments: |
| Gastric ulcers, gastritis | 🗆 | 🗆 | 🗆 |  |
| Dyspepsia, gastric acid reflux symptoms | 🗆 | 🗆 | 🗆 |  |
| Chronic diarrhea | 🗆 | 🗆 | 🗆 |  |
| Ulcerative colitis, Crohn’s disease | 🗆 | 🗆 | 🗆 |  |
| Celiac disease | 🗆 | 🗆 | 🗆 |  |
| Lactose intolerance | 🗆 | 🗆 | 🗆 |  |
| Other food allergies or intolerances | 🗆 | 🗆 | 🗆 |  |
| Other gastrointestinal problems | 🗆 | 🗆 | 🗆 |  |
| Diabetes | 🗆 | 🗆 | 🗆 |  |
| Liver disease | 🗆 | 🗆 | 🗆 |  |
| Rheumatic disease | 🗆 | 🗆 | 🗆 |  |
| Immunodeficiency | 🗆 | 🗆 | 🗆 |  |
| Other chronic diseases | 🗆 | 🗆 | 🗆 |  |

**Did you take any medicines during the month before your illness started?** (Check the glass or package)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Yes | No | Unsure | What kind? Do you take this medicine regularly? |
| Antibiotics | 🗆 | 🗆 | 🗆 |  |
| Medicines against gastric ulcer | 🗆 | 🗆 | 🗆 |  |
| Anta vids, medicines against gastric acid | 🗆 | 🗆 | 🗆 |  |
| Insulin – against diabetes | 🗆 | 🗆 | 🗆 |  |
| Cortisone, steroids | 🗆 | 🗆 | 🗆 |  |
| Other immune-suppressive medicines | 🗆 | 🗆 | 🗆 |  |
| Food supplements, vitamins | 🗆 | 🗆 | 🗆 |  |
| Organic or natural medicines | 🗆 | 🗆 | 🗆 |  |
| Other medicines | 🗆 | 🗆 | 🗆 |  |