Questions documentation Ung Helse/Global Questionnaire

The Norwegian Mother and Child Cohort Study (MoBa)

MoBa 2. generation who are above 18 years of age and older when the survey is sent out

| Version | Date | Performed by | Description |
|---------|----------|--|------------------|
| 1.0 | 27.08.24 | Siri Håberg (FHI) Katrine Kranstad (FHI) | Original version |
| | | | |

LIST OF CONTENTS

| Instrument | 3 |
|-----------------------------------|----|
| Education and income | 4 |
| Height and weight | 6 |
| Values and attitudes | 7 |
| Nicotine use | 9 |
| Alcohol and caffeinated beverages | 10 |
| Physical activity | 12 |
| Overall health | 13 |
| Drugs | 15 |
| Relationships | 18 |
| Children | 20 |
| Fecundity | 23 |
| Sex and gender | 25 |
| Pornography | 27 |
| Pregnancy | 28 |
| Contraception | 35 |
| Puberty and menstruation | 41 |
| Gynecological/urological issues | 44 |
| Fertility | 46 |
| Partner cohort | 48 |

MODEL STRUCTURE OF WHAT IS PRESENTED PER INSTUMENT/SECTION

Instrument

1. Name of original instrument/question:

Original name of scale (*no name* if only single question)

List wording of questions included in the section (with number from questionnaire in front) and write response categories (with values used in the dataset)

2. Description of original scale or selection of items used

Description of analytical approaches for selecting just a sample of items from a scale If single question. NOT RELEVANT

If selection of established short version, make referral to literature and/or use Where does the Q/scale come from, what is it meant to measure. Description of number of items, subscales. Where the Q/scale has been used and any information that give insight into what instrument this is.

Primary references of the instrument as well as important secondary publications if relevant.

3. Rationale for choosing the instrument:

What is it meant to measure and IF RELEVANT: Why this measure was chosen (if relevant).

4. Modifications:

Describe modifications during the study from one version to another.

Write if omitted or added from one version to another

NOTE 1:

This instrument documentation was written based on version A of the questionnaire per 28th August 2024.

If you have any comments that may improve this document, please contact mobaadm@fhi.no.

Education and income

| Q | | Response options | Variable |
|---|--|--|--------------|
| 1 | | Student/school student | name UH11 |
| 1 | | | |
| | | Full-time employee | UH12 |
| | | Part-time employee | UH13 |
| | | Self-employed | UH14 |
| | | Job seeker/unemployed | UH15 |
| | What do you usually do? | Long-term sick leave, disabled, early retirement | UH16 |
| | | Military service | UH17 |
| | | Gap year | UH18 |
| | | Parental leave | UH19 |
| | | Stay-at-home | UH20 |
| | | Other | UH21 |
| 2 | | Lower secondary school | UH22 |
| | | Vg1/basic competency (vocational) | UH23 |
| | | Vg1 (college preparatory) | UH24 |
| | | Vg2 (vocational) | UH25 |
| | | Vg2 (college preparatory) | UH26 |
| | | Trade certificate/journeyman's certificate (vocational) | UH27 |
| | What is your current | Vg3 (college preparatory) | UH28 |
| | highest completed (passed) level of education? | Supplemental program for general university admissions certification | UH29 |
| | | Vocational school degree/master craftsman's certificate | UH30 |
| | | University/college up to 4 years (Bachelor's degree) | UH31 |
| | | University/college over 4 years (Master's degree) | UH32 |
| | PhD/Doctorate | | UH33 |
| | | Other | UH34 |
| | | Don't know | UH35 |
| 3 | | Lower secondary school or no planned education | UH36 |
| | | Vg1/basic competency (vocational) | UH37 |
| | | Vg1 (college preparatory) | UH38 |
| | | Vg2 (vocational) | UH39 |
| | | Vg2 (college preparatory) | UH40 |
| | | Trade certificate/journeyman's certificate (vocational) | UH41 |
| | What is the highest level | Vg3 (college preparatory) | UH42 |
| | of education you expect to complete? | Supplemental program for general university admissions certification | UH43 |
| | | Vocational school degree/master craftsman's certificate | UH44 |
| | | University/college up to 4 years (Bachelor's degree) | UH45 |
| | | University/college over 4 years (Master's degree) | UH46 |
| | | PhD/Doctorate | UH47 |
| | | Other | UH48 |
| | | | |
| | | Don't know | UH49 |

| 4 | | 1. Less than 24.999 kr. | |
|---|---------------------------|---------------------------|--------|
| | | 2. 25.000 - 49.999 kr. | |
| | | 3. 50.000 - 74.999 kr. | |
| | | 4. 75.000 - 99.999 kr. | |
| | | 5. 100.000 - 149.999 kr. | |
| | What was your last annual | 6. 150.000 - 199.999 kr. | |
| | income before tax last | 7. 200.000 - 249.999 kr. | |
| | year? (including study | 8. 250.000 - 299.999 kr. | 111150 |
| | grants, pension payments, | 9. 300.000 - 349.999 kr. | UH50 |
| | part-time jobs, capital | 10. 350.000 - 399.999 kr. | |
| | income, and transfers) | 11. 400.000 - 449.999 kr. | |
| | , | 12. 450.000 - 499.999 kr. | |
| | | 13. 500.000 – 599.999 kr. | |
| | | 14. 600.000 – 699.999 kr. | |
| | | 15. 700.000 kr or more | |
| | | 16. Don't know | |

- Q1: Inspired by questions from BSIG-18 and BSIG-25. Parental leave, gap years, and staying at home are added.
- Q2-3: The categories are formed based on the Danish Statistics educational qualifications using the International Standard Classification of Education (ISCED2011).
- Q4: The question is inspired by MoBa but adapted to a Danish context.

3. Rationale for choosing the questions:

Capture the current situation of the respondents and to collect data on their level of ambition when it comes to completion of higher education.

4. Revision during the data collection period:

Height and weight

| Q | | Dognongo ontions | Variable |
|---|--|--|----------|
| | | Response options | name |
| | How tall are you (provide the answer in centimeters)? | Manually plotted – height in centimeters | UH51 |
| 6 | How much do you weigh (provide the answer in kilograms)? | Manually plotted – weight in kilograms | UH52 |

2. Description of original instrument:

Q5-6: Questions from MoBa Child 14

3. Rationale for choosing the questions:

To ensure consistency across the MoBa questionnaires. These questions were designed to enable calculation of BMI.

4. Revision during the data collection period:

Values and attitudes

| Q | | Response options | Variable name | | |
|------|--|--|---------------|--|--|
| | Below we have listed five life goals/topics. How important are each of these to you now? The more important the life goal/topic is to you, the more points you should assign it. If the life goal/topic is not important to you at all at the moment, you assign 1 point | | | | |
| 7 | Realizing my educational or career ambitions | 1. Not important | UH53 | | |
| 8 | Cultivating my hobbies and other personal interests | 2. 3. | UH54 | | |
| 9 | Having children | | UH55 | | |
| 10 | Maintaining contact with friends | 10. Important | UH56 | | |
| 11 | Living with a partner | | UH57 | | |
| 12 | Are you generally a risk-seeking person or do you try to avoid risky situations? Choose a number between 0 (avoid risk) and 10 (willing to take risks) | Avoid risk 3. 10. Willing to take risk | UH58 | | |
| 13.1 | How often do you have trouble falling asleep in the evening? | 1. Never/seldom | UH59 | | |
| 13.2 | How often do you wake up several times during the night? | 2. Sometimes3. 1-2 times a week | UH60 | | |
| 13.3 | How often do you feel tired or sleepy during the day? | 4. At least 3 times a week | UH61 | | |
| 14 | How many hours of sleep do you typically get on a weekday? (May differ from the number of hours you spend in bed) | Less than 4 hours 5 hours 6 hours 7 hours 8 hours 9 hours 10 hours 12 hours Don't know | UH62 | | |

2. Description of original instrument:

- Q7-11: Question originally used in the German Pairfam Panel Survey. The question has been modified to fit a Danish context.
- Q12: German Socio-Economic Panel Study.
- Q13-14: Questions from "Bergen Insomnia Scale".

3. Rationale for choosing the questions:

- Q7-11: The questions aim give a multidimentional picture of the life goals of the respondents
- Q12: The question is a general measure of risk aversion
- Q13-14 to give a picture of sleep patterns and how it relates to overall health

| 4. | Revision | during | the data | collection | period: |
|----|--------------|--------|----------|------------|---------|
| | TEC I IDIOII | ~~1115 | uic auu | COMCCHOM | PCLIGG |

Nicotine use

| Q | | Response options | Variable name |
|------|--|---|---------------|
| 15 | Do you smoke cigarettes (do not include e-cigarettes)? | No, I have never smoked No, but I have smoked in the past Yes, occasionally (less than 1 cigarette per day) Yes, daily | UH63 |
| 15.1 | How many cigarettes do you smoke on average per day? This element will only be displayed if option 4 "Yes, daily" was selected in question 15, "Do you smoke cigarettes (do not include e-cigarettes)?" | Manually plotted – number of cigarettes | UH64 |
| 16 | Do you vape/use e-cigarettes? | No, I have never used it No, but I have tried it a few times No, but I have used it before Yes, occasionally Yes, daily | UH65 |
| 17 | Do you use snus/nicotine pouches? | No, I have never used snus No, but I have tried snus a few times No, but I have used snus before Yes, occasionally Yes, daily | UH66 |
| 17.1 | How many portions of snus do you typically use per day? This element will only be displayed if option 4 "Yes, daily" was selected in question 17, "Do you use snus/nicotine pouches?" | Manually plotted – number of portions | UH67 |

2. Description of original instrument:

- Q15: Question inspired by "Danskernes Sundhed Den Nationale Sundhedsprofil". The categories have been modified.
- Q16: Not a validated question.
- Q17: Not a validated question. Inspired by the smoking question from "Danskernes Sundhed Den Nationale Sundhedsprofil".

3. Rationale for choosing the questions:

Questions were designed to assess the participants' current pattern of nicotine use.

4. Revision during the data collection period:

Alcohol and caffeinated beverages

| Q | | Response options | Variable name |
|------|--|---|---------------|
| 18 | Do you drink alcohol? | 1. Yes 2. No | UH68 |
| 18.1 | How often do you drink alcohol? This element will only be displayed if option 1 "Yes" was selected in question 18, "Do you drink alcohol?" | Less than once a month 1-3 times a month Once a month or more | UH69 |
| 18.2 | How many units of alcohol (beer, wine, or spirits) do you typically drink in a week? (Fill in the number of units. One unit is approximately: 1 beer (33 cl), 1 glass of wine (12 cl), or 1 shot of spirits (4 cl)) This element will only be displayed if option 1 "Yes" was selected in question 18, "Do you drink alcohol?" | Manually plotted – number of units | UH70 |
| 18.3 | How often do you consume more than four units on a single occasion? This element will only be displayed if option 1 "Yes" was selected in question 18, "Do you drink alcohol?" | Never Less than once a moth 1-3 times a month Once a week Twice a week 3-4 a week 5-6 times a week Every day | UH71 |
| 19 | Do you consume caffeinated beverages (coffee, tea, energy drinks, cola, etc.)? | Never 1-3 times a month Once a week Twice a week 3-4 times a week 5-6 times a week Every day | UH72 |
| 19.1 | Number of cups of coffee per day This element will only be displayed if option 7 "Every day" was selected in question 19, "Do you consume caffeinated beverages (coffee, tea, energy drinks, cola, etc.)?" | 1. 0 2. 1 3. 2 4. 3 | UH73 |
| 19.2 | Number of cups of tea per day Based on Q19: If "Every day or more often" was selected | 14. 13 15. 14 or more | UH74 |

| 19.3 | 3 glasses constitute 0.5 liter This element will only be displayed if option 7 "Every day" was selected in question 19, "Do you consume caffeinated beverages (coffee, tea, energy drinks, cola, etc.)?" | 1. 0 2. 1 3. 2 4. 3 | UH75 |
|------|--|------------------------------|------|
| | Monster, Burn, etc.) (33 cl.) per day This element will only be displayed if option 7 "Every day" was selected in question 19, "Do you consume caffeinated beverages (coffee, tea, energy drinks, cola, etc.)?" | 14. 13 15. 14 or more | UH76 |

- Q18: Not a validated question.
- Q18.1: Inspired by "Danskernes Sundhed Den Nationale Sundhedsprofil".
- Q18.2: Question used in BSIG-18 and BSIG-25. Changed from 5 to 4 units due to changes in the definition from Sundhedsstyrelsen.
- Q19: Not a validated question.

3. Rationale for choosing the questions:

Questions were designed to assess the participants' current intake of caffeinated beverages and alcohol consumption.

4. Revision during the data collection period:

Physical activity

| Q | | Response options | Variable name |
|----|---|---|---------------|
| 20 | How many hours per week do you engage in vigorous physical activity where you become warm and breathless? | Less than 1 hour per week 1-2 hours per week 3-4 hours per week 5-7 hours per week | UH77 |
| | (activities that involve high heart rate, rapid breathing, and sweating) | 5. 8-10 hours per week6. 11 hours or more per week | |

2. Description of original instrument:

• Q20: Question modified from the questionnaire "Healthy Body Image Intervention" from the Norwegian School of Sport Sciences.

3. Rationale for choosing the questions:

Questions were designed to assess the average level of physical activity among participants, focusing specifically on activities of moderate to high intensity.

4. Revision during the data collection period:

Overall health

| Q | | Response options | Variable name |
|------|--|--|---------------|
| 21 | Has a doctor ever told you that you have or conditions? | ne or more of the following diseases | or |
| 21.1 | Diabetes 1 | | UH78 |
| 21.2 | Diabetes 2 | | UH79 |
| 21.3 | Anxiety | | UH80 |
| 21.4 | Depression | 1. Yes, I have had it | UH81 |
| 21.5 | Asthma | 2. Yes, I have it | UH82 |
| 21.6 | Cancer (with chemotherapy as treatment) | 3. No | UH83 |
| 21.7 | Cancer (without chemotherapy as treatment) | 4. Don't know | UH84 |
| 21.8 | Recurrent urinary tract infection (>2 infections in 6 months or >3 infections in 1 | | UH85 |
| 21.9 | year) Long-term symptoms of Covid-19 | | UH86 |
| 22 | How often in the last 4 weeks have you take | on any of these medications? | ОПоб |
| 22.1 | | | |
| 22.1 | Over-the-counter medicine containing Paracetamol (Paracet, Pinex, or similar) | Not taken the past 4 weeks Less than once a week | UH87 |
| 22.2 | Over-the-counter medicine containing NSAID (Ibuprofen, Ibux, or similar) | 3. Weekly, but not daily4. Daily | UH88 |
| 22.3 | Other prescription medicine | | UH89 |
| 23 | How would you describe your overall health? | Excellent Very good Good Fair Poor | UH90 |
| 24 | How often in the past 2 weeks have you felt | | |
| 24.1 | Felt nervous, anxious, or on edge | 1. Not at all | UH91 |
| 24.2 | Not being able to stop or control worrying | 2. 1 day | UH92 |
| 24.3 | Little interest or pleasure in doing things | 3. Several days4. More than half of the | UH93 |
| 24.4 | Felt down, depressed, or hopeless | 4. More than half of the days5. Almost every day | UH94 |
| 25 | How often in the past 2 weeks have you felt | | |
| 25.1 | How often do you feel isolated from others? | 1. Never | UH95 |
| 25.2 | How often do you feel like you're missing someone to be with? | 2. Rarely3. Sometimes | UH96 |
| 25.3 | How often do you feel left out? | 4. Often | UH97 |
| 26 | How satisfied are you with your life overall? | Not satisfied at all Quite dissatisfied Slightly dissatisfied Neither satisfied nor dissatisfied Somewhat satisfied Quite satisfied Very satisfied | UH98 |

| 27 | Imagine that this ladder represents the structure of the Norwegian society today. At the top (level 10) are the people who has the highest status in the society. At the bottom (1 on the scale) are those who has the lowest | 1 - 1 2 - 2 | |
|----|---|--------------------|------|
| | status. When you think about yourself now, where would you place yourself on this | 3 - 3 10-10 | UH99 |
| | ladder? Choose a number from the ladder to indicate where you are now compared to other people in Norway | 10-10 | |

- Q21: The wording of the question is inspired by "The Bodily Distress Syndrome 25 from DANFUND". The categories have been changed from yes/no. The PI group determined which diseases to include.
- Q22: The question and response options are from the MoBa 18-year questionnaire and modified with questions from the "Fetal Programming of Semen Quality" Cohort. Items were decided by the PI group.
- Q23: Question from Self-rated Health: SF 12. Used in BSIG-18 and BSIG-25.
- Q24: Question from Patient Health Questionnaire PHQ-4.
- Q25: Question from Three Item Loneliness Scale. Hysing, M., Petrie, K. J., Bøe, T., Lønning, K. J., & Sivertsen, B. (2020). Only the lonely: a study of loneliness among university students in Norway
- Q26: Question from the "Understanding Society Survey".
- Q27: Question from the "MacArthur Scale of Subjective Social Status".

3. Rationale for choosing the questions:

These questions were designed to assess:

- The participants' previous and current health conditions as diagnosed by a physician, covering both somatic and mental health conditions.
- The participants' use of both non-prescription and prescribed medications
- The participants' perception of their own overall health, not distinguishing between somatic and mental health.
- The participants' depressive and anxious symptomatology
- The participant's feeling of loneliness, covering both relational, social, and intimate loneliness.
- The participants' overall life satisfaction
- The participant's perception of own social status

4. Revision during the data collection period:

Drugs

| Q | | Response options | Variable name |
|------|--|---|---------------|
| 28 | | Anabolic steroids | UH100 |
| 20 | | Cannabis, marijuana or pot | UH101 |
| | | Amphetamine | UH102 |
| | | Ecstasy/MDA/MDMA | UH103 |
| | | Fantasy/GHB | UH104 |
| | | Sedatives or sleeping pills | UH105 |
| | | Cocaine | UH106 |
| | Have you used any of the following | Ketamine | UH107 |
| | substances in the past 3 months? | LSD | UH108 |
| | | Opiates (heroin, morphine, methadone) | UH109 |
| | | Psychedelic mushrooms | UH110 |
| | | Sniffing solvents or lighter gas | UH111 |
| | | Inhaling nitrous oxide (laughing gas) | UH112 |
| | | Other | UH113 |
| | | No, I have not taken any of them | UH114 |
| | How often do you use the following subst | tances on average? | |
| 28.1 | Anabolic steroids This element will only be displayed if "Anabolic steroids" was selected in question 28, "Have you used any of the following substances in the past 3 months?" Cannabis, marijuana or pot | Do not use Once a month or less 2-4 times a month 2-3 times a week 4 times a week or more Don't know | UH115 |
| | This element will only be displayed if "Cannabis, marijuana or pot" was selected in question 28, "Have you used any of the following substances in the past 3 months?" | | UH116 |
| 28.3 | Amphetamine This element will only be displayed if "Amphetamine" was selected in question 28, "Have you used any of the following substances in the past 3 months?" | | UH117 |
| 28.4 | Ecstasy/MDA/MDMA This element will only be displayed if "Ecstasy/MDA/MDMA" was selected in question 28, "Have you used any of the following substances in the past 3 months?" | | UH118 |

| 28.5 | Fantasy/GHB | | |
|-------|--|---|-------|
| | This element will only be displayed if "Fantasy/GHB" was selected in question 28, "Have you used any of the following substances in the past 3 months?" | | UH119 |
| 28.6 | This element will only be displayed if "Fantasy/GHB" was selected in question 28, "Have you used any of the following substances in the past 3 months?" | | UH120 |
| 28.7 | Cocaine This element will only be displayed if "Sedatives or sleeping pills" was selected in question 28, "Have you used any of the following substances in the past 3 months?" | | UH121 |
| 28.8 | This element will only be displayed if "Ketamine" was selected in question 28, "Have you used any of the following substances in the past 3 months?" | Do not use Once a month or less 2-4 times a month | UH122 |
| 28.9 | This element will only be displayed if "LSD" was selected in question 28, "Have you used any of the following substances in the past 3 months?" | 4. 2-3 times a week 5. 4 times a week or more 6. Don't know | UH123 |
| 28.10 | Opiates (heroin, morphine, methadone) This element will only be displayed if "Opiates (heroin, morphine, methadone)" was selected in question 28, "Have you used any of the following substances in the past 3 months?" | | UH124 |
| 28.11 | Psychedelic mushrooms This element will only be displayed if "Psychedelic mushrooms" was selected in question 28, "Have you used any of the following substances in the past 3 months?" | | UH125 |
| 28.12 | Sniffing solvents or lighter gas This element will only be displayed if "Sniffing solvents or lighter gas" was selected in question 28, "Have you used any of the following substances in the past 3 months?" | | UH126 |

| 28.13 | Inhaling nitrous oxide (laughing gas) | 1. Do not use | |
|-------|---|---------------------------|-------|
| | | 2. Once a month or less | |
| | This element will only be displayed if | 3. 2-4 times a month | |
| | "Inhaling nitrous oxide (laughing gas)" | 4. 2-3 times a week | UH127 |
| | was selected in question 28, "Have you | 5. 4 times a week or more | |
| | used any of the following substances in | 6. Don't know | |
| | the past 3 months?" | | |

• Q28: Modified from questions in the "Fetal Programming of Semen Quality" Cohort. Ketamine added.

3. Rationale for choosing the questions:

Questions were designed to assess the participants' current pattern of illegal substance use.

4. Revision during the data collection period:

Relationships

| Q | | Response options | Variable name |
|--------|--|--|---------------|
| 29 | Does the following statement apply to you? "There are many people who would find me attractive as a partner. | Yes No Don't know | UH128 |
| 30 | Do you have a boyfriend/girlfriend or partner/spouse? | Yes, we are married and live together Yes, we are married but do not live together Yes, I have a romantic partner (boyfriend/girlfriend) and we live together Yes, I have a romantic partner (boyfriend/girlfriend) and we do not live together No Don't know | UH129 |
| 30.1 | How long have you been in your current relationship with your boyfriend/girlfriend or partner/spouse? This element will only be displayed if option 1-4 "Yes, ()" was selected in question 30, "Do you have a boyfriend/girlfriend or partner/spouse?" | 1. 0 2. 1 3. 2 4. 3 13. 12 14. More than 12 years | UH130 |
| 30.1.1 | And how many months? This element will only be displayed if option 0-12 were selected in question 30.1, "How long have you been in your current relationship with your boyfriend/girlfriend or partner/spouse?" | 1. 0 2. 1 3. 2 13. 12 14. Don't remember | UH131 |
| 30.2 | How satisfied are you with your relationship with your partner? On a scale from 0 to 10, where 0 means 'not satisfied at all' and 10 means 'very satisfied'. This element will only be displayed if option 1-4 "Yes, ()" was selected in question 30, "Do you have a boyfriend/girlfriend or partner/spouse?" | 1 - Not satisfied 2 3 4 10 - Very satisfied | UH132 |

- Q29: Question modified and originally used in the German Pairfam Panel Survey.
- Q30-30.1: Not validated questions.
- Q30.2: The question is based on Gender and Generations Surveys (Gauthier et al. 2021) and the German panel survey PAIRFAM (Huinik et al. 2011).

3. Rationale for choosing the questions:

- Q29: Measure own perception of attractiveness
- Q30: Measure relationship status
- Q30.1: Measure duration of relationship
- Q30.2: Measure relationship satisfaction

4. Revision during the data collection period:

Children

| 31 | | Response options | Variable name |
|------|--|---|----------------|
| 31 | Do you think you want to have your own biological children/more biological children? | Yes, within the next 1-2 years Yes, within the next 3-4 years/further into the future No, I have the children I want No, I wish only to adopt No,I do not want to have children Don't know | UH133 |
| 31.1 | How many biological children do you want? This element will only be displayed if option 1-2 "Yes, ()" was selected in question 31, "Do you think you want to have children/more children?" | 1. 1 2. 2 3. 3 4. 4 5. 5 6. 6 or more 7. Don't know 8. Do not wish to answer | UH134 |
| 31.2 | How do you envision achieving pregnancy? This element will only be displayed if option 1-2 "Yes, ()" was selected in question 31, "Do you think you want to have children/more children?" | Through intercourse Through fertility treatment Other Don't know Not relevant | UH135 |
| 31.3 | At what age do you want to have your first/next biological child? Please provide the age in years. This element will only be displayed if option 1-2 "Yes, ()" was selected in question 31, "Do you think you want to have children/more children?" | Manually plotted – age 1. Don't know | UH136 UH137 |
| 31.4 | At what age do you want to have your last biological child? Please provide the age in years. | Manually plotted – age | UH138 |
| | This element will only be displayed if option 1-2 "Yes, ()" was selected in question 31, "Do you think you want to have children/more children?" | 1. Don't know | UH139 |

| 31.5 | Have you and your partner started trying to conceive? This element will only be displayed if option 1-2 "Yes, ()" was selected in question 31, "Do you think you want to have children/more children?" | Yes No Don't know Not relevant | UH140 |
|------------|---|--|-------------|
| 31.5. 1 | How long have you and your | Manually plotted – number of months | UH141 |
| | partner been trying to conceive? This element will only be displayed if option 1 "Yes" was selected in question 31.5, "Have you and your partner started trying to conceive?" | 1. Don't know | UH142 |
| 32 | | at may affect the desire to have children. How im | portant are |
| 22.1 | | n about when and if you want to have children? | |
| 32.1 | That I have a partner who wants children | | UH143 |
| 32.2 | That I have completed my education | 1 Not important at all | UH144 |
| 32.3 | That I have a stable job | 1. Not important at all 2. Not very important U | UH145 |
| 32.4 | That I/we have a home that is | 3. Slightly important | |
| | large enough | 4. Important | UH146 |
| 32.5 | That my friends have had children or are expecting children | 5. Very important | UH147 |
| 32.6 | That I start having children early enough so I don't end up having fewer children than I want | | UH148 |
| 33 | | on how you believe your life will be/has been | |
| | · · | n if you may not have plans to have them in the | |
| 22.1 | | ch you agree with the following statement: | |
| 33.1 | Support from children is valuable as one grows older | Strongly disagree | UH149 |
| 33.2 | Having children makes life more meaningful | 2. Somewhat disagree3. Neither agree nor disagree | UH150 |
| 33.3 | Having children strengthens the relationship with my partner | 4. Somewhat agree5. Strongly agree | UH151 |
| 33.4 | Having children will have a negative impact on my career | | UH152 |
| 34 | Have climate change made you consider not having children? | To a large extent To some extent To neither a high nor low extent To a low extent Not at all Don't know | UH153 |

- Q31: Question modified and originally used in the German Pairfam Panel Survey.
- Q31.1: Not validated question.
- Q31.2: Question modified from "The Swedish Fertility Awareness Questionnaire". The word "biological" has been added.
- Q31.3: Question from "The Swedish Fertility Awareness Questionnaire".
- Q31.4: Question from "The Swedish Fertility Awareness Questionnaire".
- Q31.5: Not validated question.
- Q31.5.1: Not validated question. Inspired by BSIG Interview 1.
- Q32: Question from "The Swedish Fertility Awareness Questionnaire". Shortened from 13 items in the original scale.
- Q33: The question is based on Gender and Generations Surveys (Gauthier et al. 2021) and the German panel survey PAIRFAM (Huinik et al. 2011). The questions are shortened.
- Q34: Adapted from the "Klimabekymring får hver fjerde unge kvinde til at overveje fravalg af børn" survey by KRAKA analyse.

3. Rationale for choosing the questions:

- Q31 and Q31.2: Measure fertility intentions, their time horizon, and intended number of children
- Q31.1: Measure intended mode of having a child
- Q31.3 and Q31.4: Measure ideal age at first and last birth
- Q31.5 and Q31.5.1: Measure whether the respondent is currently trying to conceive, and if so for how long
- Q33, Q35: Measure factors influencing fertility choice
- Q34: Measure the general value of children, as perceived by the respondent

4. Revision during the data collection period:

Fecundity

| Q | | Response options | Variable name |
|-------|--|--|---------------|
| 35 | Here are some statements about fertility (the abilit whether you think the statements are true or false: | |). Indicate |
| 35.1 | It is more difficult for a woman to become pregnant after she has turned 36 years old | | UH154 |
| 35.2 | A couple has reduced fertility if they have not conceived after 1 year of regular intercourse without contraception | | UH155 |
| 35.3 | Smoking reduces women's fertility | | UH156 |
| 35.4 | Smoking reduces men's fertility | | UH157 |
| 35.5 | Approximately 1 in 10 people have reduced fertility | | UH158 |
| 35.6 | If a man produces sperm, he is fertile | | UH159 |
| 35.7 | A woman in her 40s has the same likelihood of becoming pregnant as a woman in her 30s | True False Don't know | UH160 |
| 35.8 | A healthy lifestyle makes you more fertile | 3. Bon vanow | UH161 |
| 35.9 | If a man contracts mumps after puberty, he has a greater risk of fertility problems later | | UH162 |
| 35.10 | A woman who never menstruates is still fertile | | UH163 |
| 35.11 | If a woman is overweight (by more than 13 kg), it is more difficult to become pregnant | | UH164 |
| 35.12 | If a man can get an erection, it means he is fertile | | UH166 |
| 35.13 | If one has had a sexually transmitted infection, they are at increased risk of reduced fertility | | UH165 |
| 35.14 | A man is less fertile after he turns 40 years old | | UH167 |
| 36 | If a woman aged 30-35 has regular unprotected intercourse, what is the likelihood of her becoming pregnant within one year? Please choose the option you think is the most correct | 1. 0-9 % 2. 10-19% 3. 20-29% 4. 30-39% 5. 40-49% | UH168 |
| 37 | If a woman aged 40-45 has regular unprotected intercourse, what is the likelihood of her becoming pregnant within one year? | 6. 50-69% 7. 70-89% 8. 90-100% | UH169 |
| | If a woman aged 40-45 undergoes two to three rounds of IVF treatment (in vitro fertilization), what is the likelihood of her becoming pregnant? IVF treatment involves retrieving a woman's eggs from her body and fertilizing them with sperm in a laboratory dish. After successful fertilization, the embryo is transferred to the woman's uterus. | 1. 0-9 % 2. 10-19 % 3. 20-29 % 4. 30-39 % 5. 40-49 % 6. 50 % or higher | UH170 |
| 39 | Have you heard of freezing women's eggs? | 1. Yes 2. No 3. Don't know | UH171 |

| 40 | The claims below are about the success rates in connection with freezing eggs. Rate the likelihood of the statements: | | |
|------|---|--|-------|
| 40.1 | Egg freezing before the age of 35 can significantly extend a woman's fertility. | Certainly not | UH172 |
| 40.2 | A woman in her 40s and 50s can safely and successfully achieve pregnancy by using the eggs that were frozen when she was fertile. | 2. Probably not3. Don't know4. Probably5. Certainly | UH173 |
| 40.3 | Most frozen eggs will survive the thawing process and be capable of fertilization. | | UH174 |

- Q35: Question from Cardiff Fertility Knowledge Scale.
- Q36-38: Questions from "The German Family Demography Panel Study (FreDa)" survey.
- Q39: Question adapted from the following study: https://doi.org/10.1111/aogs.13024.
- Q40: Inspired by questions from "Childless women's beliefs and knowledge about oocyte freezing for social and medical reasons" | Human Reproduction | Oxford Academic (oup.com). 3 questions selected from 12 items.

3. Rationale for choosing the questions:

• Q35-40: Measure the respondent's fecundity knowledge

4. Revision during the data collection period:

Sex and gender

| Q | | Response options | Variable name |
|------|--|---|---------------|
| 41 | What biological sex were you assigned at birth? This is a mandatory question, and the respondent will not be able to proceed unless they provide an answer. | 1. Girl 2. Boy 3. Other | UH175 |
| 42 | Which of these best describes your gender identity? | Female Male Trans woman Trans man Non-binary Have no preferences Other Do not wish to answer | UH176 |
| 43 | Have you ever had sex? | Yes No Don't know | UH177 |
| 43.1 | How old were you the first time you had sex? This element will only be displayed if option 1 "Yes" was selected in question 43, "Have you ever had sex?" | Manually plotted: 0-30 | UH178 |
| 44 | How would you describe your sexual orientation? | Asexual Bisexual Heterosexual Homosexual Pansexual Queer Other Don't know Do not wish to answer | UH179 |

2. Description of original instrument:

- Q41: Question originally from MoBa Child 14. Non-binary and Other have been added.
- Q42: Used in BSIG-18. Inspired by the Danish Longitudinal Survey of Children (SFI-cohort).
- Q43.1: Used in BSIG-18.
- Q44: Question used in MoBa Young Q2. Queer and Other have been added.

3. Rationale for choosing the questions:

Questions were designed to assess the participants' perception of gender identity and whether this coincides with the gender they were assigned at birth. Additionally, the questions cover the participants current sexual orientation and age at which they first engaged in sexual activities.

4. Revision during the data collection period:

Pornography

| Q | | Response options | Variable name |
|-----|---|--|---------------|
| 45 | How often do you watch pornography? | Rearly/never A few times a year A few times a month Weekly Once a day More than once a day Don't know Do not wish to answer | UH180 |
| 45. | Has your use of pornography ever affected your ability or desire to start a romantic relationship or led to the termination of a romantic relationship? This element will only be displayed if option 1 – 6, "A few times a year", "A few times a month", "Weekly", "Once a day" or "More than once a day", was selected in question 45, "How often do you watch pornography?" | Yes Maybe No Don't know Do not wish to answer | UH181 |

2. Description of original instrument:

• Q45: Not validated question.

3. Rationale for choosing the questions:

The questions were designed to assess the participants' current patterns concerning pornography consumption as well as their subjective viewpoint on how this behavior impacts their romantic relationships.

4. Revision during the data collection period:

Pregnancy

| Q | | Response options | Variable name |
|--------|---|---|---------------|
| 46 | Have you ever been pregnant? This element will only be displayed if option 1, "Girl", was selected in question 41, "What biological sex were you assigned at birth?" | Yes No Don't know Do not wish to answer | UH182 |
| 46.1 | How many times have you been pregnant? (Include all pregnancies, including those that ended in abortion.) Any current pregnancy is not counted. This element will only be displayed if option 1, "Yes", was selected in question 46, "Have you ever been pregnant?" | 1. 1 2. 2 3. 3 10. 10 11. More than 10 | UH183 |
| 46.1.1 | In what week did your first pregnancy end? This element will only be displayed if option 1 - 11, "1","2","3", "4", "5", "6", "7","8","9","10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | Manually plotted, min: 0, max: 46 | UH184 |
| 46.1.2 | | Live-born child Spontaneous abortion Induced abortion Pregnancy outside the uterus Stillborn child Don't know / don't want to answer | UH185 |
| 46.1.3 | | Manually plotted – year (XXXX) min: 1990, max: 2025 | UH186 |

| 46.2.1 | In what week did your second pregnancy end? This element will only be displayed if option 2 - 11, "2", "3", "4", "5", "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | Manually plotted, min: 0, max: 46 | UH187 |
|--------|---|---|-------|
| 46.2.2 | This element will only be displayed if option 2 - 11, "2", "3", "4", "5", "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | Live-born child Spontaneous abortion Induced abortion Pregnancy outside the uterus Stillborn child Don't know / don't want to answer | UH188 |
| 46.2.3 | What year was the child from the second pregnancy born? This element will only be displayed if option 1, "Live-born child" was selected in question 46.2.2, "How did your first pregnancy end?" | Manually plotted – year (XXXX) min: 1990, max: 2025 | UH189 |
| 46.3.1 | In what week did your third pregnancy end? This element will only be displayed if option 3 - 11, "3", "4", "5", "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | Manually plotted, min: 0, max: 46 | UH190 |
| 46.3.2 | How did your third pregnancy end? This element will only be displayed if option 3 - 11, "3", "4", "5", "6", "7","8","9","10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | Live-born child Spontaneous abortion Induced abortion Pregnancy outside the uterus Stillborn child Don't know / don't want to answer | UH191 |
| 46.3.3 | What year was the child from the third pregnancy born? This element will only be displayed if option 1, "Live-born child" was selected in question 46.3.2, "How did your first pregnancy end?" | Manually plotted – year (XXXX) min: 1990, max: 2025 | UH192 |

| 46.4.1 | In what week did your fourth pregnancy end? This element will only be displayed if option 4 - 11, "4", "5", "6", "7","8","9","10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | Manually plotted, min: 0, max: 46 | UH193 |
|--------|--|---|-------|
| 46.4.2 | How did your fourth pregnancy end? This element will only be displayed if option 4 - 11, "4", "5", "6", "7","8","9","10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | Live-born child Spontaneous abortion Induced abortion Pregnancy outside the uterus Stillborn child Don't know / don't want to answer | UH194 |
| 46.4.3 | What year was the child from the fourth pregnancy born? This element will only be displayed if option 1, "Live-born child" was selected in question 46.4.2, "How did your first pregnancy end?" | Manually plotted – year (XXXX) min: 1990, max: 2025 | UH195 |
| 46.5.1 | In what week did your fifth pregnancy end? This element will only be displayed if option 5 - 11, "5", "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | Manually plotted, min: 0, max: 46 | UH196 |
| 46.5.2 | How did your fifth pregnancy end? This element will only be displayed if option 5 - 11, "5", "6", "7","8","9","10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | Live-born child Spontaneous abortion Induced abortion Pregnancy outside the uterus Stillborn child Don't know / don't want to answer | UH197 |
| 46.5.3 | What year was the child from the fifth pregnancy born? This element will only be displayed if option 1, "Live-born child" was selected in question 46.5.2, "How did your first pregnancy end?" | Manually plotted – year (XXXX) min: 1990, max: 2025 | UH198 |

| 46.6.1 | In what week did your sixth | | |
|--------|--|---|-------|
| | pregnancy end? | | |
| | This element will only be displayed if option 6 - 11, "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | Manually plotted, min: 0, max: 46 | UH199 |
| 46.6.2 | How did your sixth pregnancy end? This element will only be displayed if option 6 - 11, "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | Live-born child Spontaneous abortion Induced abortion Pregnancy outside the uterus Stillborn child Don't know / don't want to answer | UH200 |
| 46.6.3 | What year was the child from the | | |
| | sixth pregnancy born? This element will only be displayed if option 1, "Live-born child" was selected in question 46.6.2, "How did your first pregnancy end?" | Manually plotted – year (XXXX) min: 1990, max: 2025 | UH201 |
| 46.7.1 | In what week did your seventh pregnancy end? This element will only be displayed if option 7 - 11, "7","8","9","10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | Manually plotted, min: 0, max: 46 | UH202 |
| 46.7.2 | How did your seventh pregnancy end? This element will only be displayed if option 7 - 11, "7","8","9","10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | Live-born child Spontaneous abortion Induced abortion Pregnancy outside the uterus Stillborn child Don't know / don't want to answer | UH203 |
| 46.7.3 | What year was the child from the seventh pregnancy born? This element will only be displayed if option 1, "Live-born child" was selected in question 46.7.2, "How did your first pregnancy end?" | Manually plotted – year (XXXX) min: 1990, max: 2025 | UH204 |

| 16 Q 1 | | | |
|--------|--|--|-------|
| 46.8.1 | In what week did your eight | | |
| | pregnancy end? | | |
| | This element will only be displayed if option 8 - 11, "8", "9", "10" or | Manually plotted, min: 0, max: 46 | UH205 |
| | "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | | |
| 46.8.2 | How did your eight pregnancy end? | 1. Live-born child | |
| | This element will only be displayed if option 8 - 11, "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | Spontaneous abortion Induced abortion Pregnancy outside the uterus Stillborn child Don't know / don't want to answer | UH206 |
| 46.8.3 | Jew even programm | 1992 17 22 | |
| | What year was the child from the eight pregnancy born? | Manually plotted – year (XXXX) min: | UH207 |
| | This element will only be displayed if option 1, "Live-born child" was selected in question 46.8.2, "How did your first pregnancy end?" | 1990, max: 2025 | |
| 46.9.1 | , | | |
| | This element will only be displayed if | Manually plotted, min: 0, max: 46 | UH208 |
| | option 9 - 11, "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | | |
| 46.9.2 | F -3 | 1 Time have shild | |
| | How did your ninth pregnancy end? | Live-born child Spontaneous abortion Induced abortion | |
| | This element will only be displayed if option 9 - 11, "9", "10" or "More than 10" was selected in question | 4. Pregnancy outside the uterus5. Stillborn child | UH209 |
| | 46.1, "How many times have you been pregnant?" | 6. Don't know / don't want to answer | |
| 46.9.3 | What year was the child from the ninth pregnancy born? | | |
| | This element will only be displayed if option 1, "Live-born child" was selected in question 46.9.2, "How did your first pregnancy end?" | Manually plotted – year (XXXX) min: 1990, max: 2025 | UH210 |

| 46.10. 1 | In what week did your tenth pregnancy end? This element will only be displayed if | | |
|-------------|--|---|-------|
| | option 10 - 11, "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | Manually plotted, min: 0, max: 46 | UH211 |
| 46.10. | How did your tenth pregnancy end? This element will only be displayed if option 10 - 11, "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?" | Live-born child Spontaneous abortion Induced abortion Pregnancy outside the uterus Stillborn child Don't know / don't want to answer | UH212 |
| 46.10. | What year was the child from the tenth pregnancy born? This element will only be displayed if option 1, "Live-born child" was selected in question 46.10.2, "How did your first pregnancy end?" | Manually plotted – year (XXXX) min: 1990, max: 2025 | UH213 |
| 47 | How often have you taken emergency contraception in the last 12 months? This element will only be displayed if option 1, "Girl", was selected in question 41, "What biological sex were you assigned at birth?" | I have not taken emergency contraception in the last 12 months 1-2 times 3-4 times More than 4 times | UH214 |
| 48 | How much do you agree with the foll | owing statements: | |
| 48.1 | I am afraid of giving birth This element will only be displayed if option 1, "Girl", was selected in question 41, "What biological sex were you assigned at birth?" | Completely agree Agree Somewhat agree | UH215 |
| 48.2 | I am afraid of complications during labor and delivery This element will only be displayed if option 1, "Girl", was selected in question 41, "What biological sex were you assigned at birth?" | 4. Somewhat disagree5. Disagree6. Completely disagree7. Don't know | UH216 |
| 49 | Have you ever impregnated a woman? This element will only be displayed if option 2, "Boy", was selected in question 41, "What biological sex were you assigned at birth?" | Yes No Don't know Do not wish to answer | UH217 |

| 49.1 | How many times have you impregnated a woman? (Include all pregnancies and possible abortions). Any current pregnancy is not counted. This element will only be displayed if option 1, "Yes", was selected in question 49, "Have you ever impregnated a woman?" | 1 - 1 2 - 2 3 - 3 10 - 10 11 - Over 10 | UH218 |
|------|--|--|-------|
| 50 | Are you currently pregnant? This element will only be displayed if option 1, "Girl", was selected in question 41, "What biological sex were you assigned at birth?" | Yes No Don't know Do not wish to answer | UH219 |
| 51 | Is your partner currently pregnant? | Yes No Don't know Do not wish to answer Not relevant | UH220 |

- Q46: Question used in RUBIC questionnaire and identical to those asked in Moba Q1, maternal questionnaire
- Q46.1: Used in BSIG-25.
- Q47: Not validated question.
- Q48: Question from "Childbirth Fear Prior to Pregnancy (CFPP) scale. Shortened from 10 items in the original scale.
- Q49: Question inspired by RUBIC questionnaire
- Q50-51: Not validated question.

3. Rationale for choosing the questions:

Questions were developed to:

- Assess the participants' previous pregnancies, outcome of- and potential problems related to previous pregnancies.
- Assess the prevalence of emergency contraception usage among young women.
- Assess the prevalence of childbirth fear among a young women.
- Asses participants' fertility

4. Revision during the data collection period:

Contraception

| Q | | Response options | Variable |
|------|--|---|------------|
| | ** | | name |
| 52 | Have you and/or a potential | 1. Yes | 1111221 |
| | partner used contraception in the past year? | 2. No 3. Don't know | UH221 |
| 52.1 | past year? | Mini-pill | UH222 |
| 32.1 | | Birth control pills | UH223 |
| | | Hormonal IUD | UH224 |
| | | Copper IUD | UH225 |
| | | Implant | UH226 |
| | What type of contraception do you | Depo-Provera injection | UH227 |
| | and a potential partner use? | Patch | UH228 |
| | | Vaginal ring | UH229 |
| | | Diaphragm | UH230 |
| | This element will only be displayed | Condom | UH231 |
| | if option 1, "Yes", was selected in | Female condom | UH232 |
| | question 52, "Have you and/or a potential partner used | Dental dam | UH233 |
| | contraception in the past year?" | "Natural family planning" method | UH234 |
| | contraception in the past year. | Withdrawal method | UH235 |
| | | Other type of contraception | UH236 |
| | | I am sterilized | UH237 |
| | | My partner is sterilized | UH238 |
| | | Don't know | UH239 |
| 52.2 | | To avoid pregnancy | UH240 |
| | | To avoid sexual transmitted infections | UH241 |
| | What is the main reason you/both | To control the intervals between | UH242 |
| | of you use contraception? This element will only be displayed if option 1, "Yes", was selected in | menstruations | |
| | | To reduce menstrual pain | UH243 |
| | | To control acne | UH244 |
| | | To have more regular menstruations | UH245 |
| | question 52, "Have you and/or a potential partner used | To avoid heavy menstrual bleeding In the treatment of conditions such as PCOS | UH246 |
| | contraception in the past year?" | or endometriosis | UH247 |
| | contraception in the past year: | Other | UH248 |
| | | Don't know | UH249 |
| | How long [years.] have you and a | potential partner been using the type of cont | |
| | Based on Q52: If "Yes" was select | | - псерион. |
| 52.3 | Mini-pill | 1. 0 | |
| | | 2. 1 | |
| | This element will only be displayed | 3. 2 | |
| | if "Mini-pill" was selected in | | UH250 |
| | question 52.1, "What type of | 12. 11 | |
| | contraception do you and a | 13. Do not know/Do not | |
| | potential partner use?" | remember | |

| Birth control pills | | |
|---|--|-------|
| This element will only be displayed if "Birth control pills" was selected in question 52.1, "What type of contraception do you and a potential partner use?" | | UH252 |
| Hormonal IUD This element will only be displayed if "Hormonal IUD" was selected in question 52.1, "What type of contraception do you and a potential partner use?" | | UH254 |
| Copper IUD This element will only be displayed if "Copper IUD" was selected in question 52.1, "What type of contraception do you and a potential partner use?" | 1. 0 | UH256 |
| Implant This element will only be displayed if "Implant" was selected in question 52.1, "What type of contraception do you and a potential partner use?" | 1. 0 2. 1 3. 2 4. 3 12. 11 13. Do not know/Do not remember | UH258 |
| Depo-Provera injection This element will only be displayed if "Depo-Provera injection" was selected in question 52.1, "What type of contraception do you and a potential partner use?" | | UH260 |
| Patch This element will only be displayed if "Patch" was selected in question 52.1, "What type of contraception do you and a potential partner use?" | | UH262 |
| Vaginal ring This element will only be displayed if "Vaginal ring" was selected in question 52.1, "What type of contraception do you and a potential partner use?" | | UH264 |

| Diaphragm | | |
|--|--|-------|
| This element will only be displayed if "Diaphragm" was selected in question 52.1, "What type of contraception do you and a potential partner use?" | | UH266 |
| Condom | | |
| This element will only be displayed if "Condom" was selected in question 52.1, "What type of contraception do you and a potential partner use?" | | UH268 |
| Female condom | | |
| This element will only be displayed if "Female condom" was selected in question 52.1, "What type of contraception do you and a potential partner use?" | | UH270 |
| Dental dam | 1. 0 | |
| This element will only be displayed if "Dental dam" was selected in question 52.1, "What type of contraception do you and a potential partner use?" | 2. 1 3. 2 4. 3 12. 11 13. Do not know/Do not | UH272 |
| "Natural family planning" method | remember | |
| This element will only be displayed if "Natural family planning" method" was selected in question 52.1, "What type of contraception do you and a potential partner use?" | 13. Do not know/Do not remember | UH274 |
| Withdrawal method | | |
| This element will only be displayed if "Withdrawal method" method" was selected in question 52.1, "What type of contraception do you and a potential partner use?" | | UH276 |
| I am sterilized | | |
| This element will only be displayed if "I am sterilized" method" was selected in question 52.1, "What type of contraception do you and a potential partner use?" | | UH278 |

| My partner is sterilized | | |
|---|--|-------|
| This element will only be displayed if "My partner is sterilized" method" was selected in question 52.1, "What type of contraception do you and a potential partner use?" | | UH280 |
| Mini-pill This element will only be displayed if 0 – 16 years was selected in | | UH251 |
| question 52.3, "Mini-pill" Birth control pills This element will only be displayed | 1 | UH253 |
| if 0 – 16 years was selected in question 52.3, "Birth control pills" Hormonal IUD | | |
| This element will only be displayed if 0 – 16 years was selected in question 52.3, "Hormonal IUD" Copper IUD | 1. 0 2. 1 3. 2 4. 3 12. 11 13. Do not know/Do not remember | UH255 |
| This element will only be displayed if 0 – 16 years was selected in question 52.3, "Copper IUD" | | UH257 |
| Implant This element will only be displayed if 0 – 16 years was selected in question 52.3, "Implant" | | UH259 |
| Depo-Provera injection This element will only be displayed if 0 – 16 years was selected in question 52.3, "Depo-Provera injection" | | UH261 |
| Patch This element will only be displayed if 0 – 16 years was selected in question 52.3, "Patch" | | UH263 |
| Vaginal ring This element will only be displayed if 0 – 16 years was selected in question 52.3, "Vaginal ring" | | UH265 |
| Diaphragm This element will only be displayed if 0 – 16 years was selected in question 52.3, "Diaphragm" | | UH267 |

| Condom | | |
|---|--|-------|
| This element will only be displayed if 0 – 16 years was selected in question 52.3, "Condom" | | UH269 |
| Female condom | | |
| This element will only be displayed if 0 – 16 years was selected in question 52.3, "Female condom" | | UH271 |
| Dental dam | | |
| This element will only be displayed if 0 – 16 years was selected in question 52.3, "Dental dam" | | UH273 |
| "Natural family planning" method | 1. 0 | |
| This element will only be displayed if 0 – 16 years was selected in question 52.3, ""Natural family planning" method" | 2. 1 3. 2 6 years was selected in 4. 3 on 52.3, ""Natural family | UH275 |
| Withdrawal method | 13. Do not know/Do not | |
| This element will only be displayed if 0 – 16 years was selected in question 52.3, "Withdrawal method" | remember | UH277 |
| I am sterilized | | |
| This element will only be displayed if 0 – 16 years was selected in question 52.3, "I am sterilized" | | UH279 |
| My partner is sterilized | | |
| This element will only be displayed if 0 – 16 years was selected in question 52.3, "My partner is sterilized" | | UH281 |

- Q52: Not validated question.
- Q52.1: Question from "Young Woman Fertility" questionnaire (YWF). Slikkelap tilføjet
- Q52.2: Modified from "YWF". "To avoid sexual transmitted infections" og "In the treatment of conditions such as PCOS or endometriosis" have been added.
- Q52.3: Question from "Young Woman Fertility" questionnaire (YWF).

3. Rationale for choosing the questions:

The questions were developed to gather information on the contraceptive practices of the participants with the objective to assess the prevalence of type of birth control, but also to assess contraceptive use as indicators of overall reproductive health.

| 4. | Revision | during | the data | collection | period |
|----|----------|--------|----------|------------|--------|
| 4. | Kevision | uurmg | me uata | Conection | herr |

Puberty and menstruation

| Q | | Response options | Variable name |
|------|--|--|---------------|
| 53 | How old were you when you had your first menstruation? This element will only be displayed if option 1, "Girl", was selected in question 41, "What biological sex were you assigned at birth?" | 8 years or younger 9 10 11 8 15 16 years or older Do not know/Do not remember | UH282 |
| 53.1 | And how many months? This element will only be displayed if option 1-12, "08–16 years" was selected in question 52.3, "How old were you when you had your first menstruation?" | 1. 0 2. 1 3. 2 12. 11 13. Do not know/Do not remember | UH283 |
| 54 | As far as you remember, when do you think you got your first menstruation compared to your peers? This element will only be displayed if option 1, "Girl", was selected in question 41, "What biological sex were you assigned at birth?" | Somewhat at the same time as my peers Earlier than my peers | UH284 |
| 55 | As far as you remember, when did your breasts start developing in relation to your peers during puberty? This element will only be displayed if option 1, "Girl", was selected in question 41, "What biological sex were you assigned at birth?" | 3. Later than my peers4. Don't know | UH285 |
| 56 | As far as you remember, how old were you (in years and months) when you began to experience voice changes? This element will only be displayed if option 2, "Boy", was selected in question 41, "What biological sex were you assigned at birth?" | 1. 8 years or younger 2. 9 3. 10 4. 11 5. 12 6. 13 7. 14 8. 15 9. 16 years or older 10. Don't know | UH286 |

| E (1 | A 1 1 | | |
|-------|---|--|---------|
| 56.1 | And how many months? | 1. 0 | |
| | TI: 1 | 2. 1 | |
| | This element will only be displayed if | 3. 2 | |
| | option "8 years or younger" or "16 | 3. 4 | UH287 |
| | years or older", was selected in question | | |
| | 56, "As far as you remember, how old | 12. 11 | |
| | were you (in years and months) when you | 13. Don't know | |
| | began to experience voice changes?" | 13. Don't know | |
| 57 | As far as you remember, when did your | | |
| | voice change compared to your peers? | 1. Somewhat at the same time | |
| | | as my peers | |
| | This element will only be displayed if | 2. Earlier than my peers | UH288 |
| | option 2, "Boy", was selected in question | 3. Later than my peers | |
| | 41, "What biological sex were you | 4. Don't know | |
| | assigned at birth?" | | |
| 58 | | 1. 8 years or younger | |
| | | 2. 9 | |
| | | 3. 10 | |
| | As far as you remember, how old were | 4. 11 | |
| | you (in years and months) when you had | 5. 12 | |
| | your first ejaculation? | 6. 13 | UH289 |
| | your first ejaculation? | 7. 14 | 0П289 |
| | T1:1:1: f | | |
| | This element will only be displayed if | 8. 15 | |
| | option 2, "Boy", was selected in question | 9. 16 years or older | |
| | 41, "What biological sex were you | 10. Don't know | |
| | assigned at birth?" | | |
| 58.1 | And how many months? | 4.0 | |
| | | 1. 0 | |
| | This element will only be displayed if | 2. 1 | |
| | option "8 years or younger" or "16 | 3. 2 | UH290 |
| | years or older", was selected in question | 3. 4 | 011290 |
| | 58, "As far as you remember, how old | ••• | |
| | were you (in years and months) when you | 12. 11 | |
| | had your first ejaculation?" | 13. Don't know | |
| 59 | As far as you remember, when did your | | |
| | testicles start growing in relation to your | 1. Somewhat at the same time | |
| | peers during puberty? | | |
| | | as my peers | 1111201 |
| | This element will only be displayed if | 2. Earlier than my peers | UH291 |
| | option 2, "Boy", was selected in question | 3. Later than my peers | |
| | 41, "What biological sex were you | 4. Don't know | |
| | assigned at birth?" | | |
| 60 | 5 | 1. My cycles are regular and do | |
| | | not deviate more than 1 to 3 | |
| | Has your menstrual cycle been regular in | days | |
| | the past 12 months (can you predict | 2. My cycles vary in length by | |
| | within a week when your next | approximately 4-6 days | |
| | menstruation will start?) | 3. My cycles vary in length by | |
| | inclistraction will start; | 7 days or more | UH292 |
| | | The state of the s | |
| | This class out will sail to discuss 1:0 | 4. My cycles are irregular and I | |
| | This element will only be displayed if | never know when the next | |
| | option 1, "Girl", was selected in | menstruation will come | |
| | question 41, "What biological sex were | 5. I do not menstruate | |
| | you assigned at birth?" | 6. Don't know | |

| 60 | How many days usually pass from the day of one menstruation to the 1st day the next? | | |
|----|--|--|-------|
| | This element will only be displayed if "My cycles are regular and do not deviate more than 1 to 3 days", My cycles vary in length by approximatel 6 days", "My cycles vary in length by days or more", "My cycles are irregular and I never know when the next menstruation will come" or "Don't know" is selected in question 60 "Hayour menstrual cycle been regular in past 12 months (can you predict within week when your next menstruation wi start). | 2. 16 3. 17 30. 44 31. 45 days or mor 32. Don't know | UH293 |

- Q53: BSIG Interview 1
- Q54-59: Not validated question.
- Q60: Not validated question. Response options inspired by NIEHS.
- Q60.1: Not validated question.

3. Rationale for choosing the questions:

The questions regarding menstruation and menstrual cycle were developed to assess the menstrual function and cycle patterns of the female participants, as these serve as valuable indicators of ovarian function and overall reproductive health.

The questions regarding puberty were developed to assess the debut of established pubertal markers in the participants, including menarche, thelarche, spermarche, pubertal voice mutation and testicular growth.

4. Revision during the data collection period:

Gynecological/urological issues

| Q | | Response options | Variable name |
|--|---|--|---|
| 61 | diseases or conditions confirmed by a d | e/had one or more of the following gyne octor? This element will only be displayed What biological sex were you assigned at bi | if option |
| 61.1 61.2 61.3 61.4 61.5 61.6 | a doctor? This element will only be displa | 1. Yes 2. No 3. Don't know of the following conditions/illnesses confuyed if option 2, "Boy", was selected in qu | |
| 62.1 | "What biological sex were you assigned a Cryptorchidism (one or both testicles not descended into the scrotum) Hypospadias (the opening of the urethra | 1. Yes | UH300 UH301 |
| 62.3 | not located at the tip of the penis) Low sperm quality | 2. No 3. Don't know | UH302 |
| 62.4 | Testicular cancer | | UH303 |
| 63 | Have you had surgery in the abdomen or pelvis? This element will only be displayed if option 1, "Girl", was selected in question 41, "What biological sex were | Yes, intestinal surgery Yes, surgery on ovaries/fallopian tubes Yes, other surgery in the abdomen or pelvis No Don't know | UH304 UH305 UH306 UH307 UH308 |
| 64 | you assigned at birth?" Have you had surgery on the penis, testicle, or scrotum? This element will only be displayed if option 2, "Boy", was selected in question 41, "What biological sex were you assigned at birth?" | Yes, surgery on the penis Yes, surgery on the testicle Yes, surgery on the scrotum No Don't know | UH309 UH310 UH311 UH312 UH313 |

| 65 | | No, I have never had an STI | UH314 |
|----|---|-----------------------------|-------|
| | | Chlamydia | UH315 |
| | | Mycoplasma | UH316 |
| | Have very area had an a on many accountly | Gonorrhea | UH317 |
| | transmitted infections (STIs)? | Genital warts | UH318 |
| | | Herpes | UH319 |
| | | Another STI | UH320 |
| | | Don't know | UH321 |
| | | Do not wish to answer | UH322 |

- Q61-62: Inspired by the "Young Woman Fertility" questionnaire (YWF) and questions from fertility counseling.
- Q63-64: Questions modified from the fertility counseling.
- Q65: Inspired by MoBa Q1 but consolidated into one question.

3. Rationale for choosing the questions:

These questions were developed to assess participants' previous medical history related to reproductive health.

4. Revision during the data collection period:

Fertility

| Q | | Response options | Variable name |
|----|--|---|---------------|
| 66 | How do you think your egg quality is? This element will only be displayed if option 1, "Girl", was selected in question 41, "What biological sex were you assigned at birth?" | Normal Slightly reduced Reduced Don't know | UH323 |
| 67 | How do you think your sperm quality is? This element will only be displayed if option 2, "Boy", was selected in question 41, "What biological sex were you assigned at birth?" | Normal Slightly reduced Reduced Don't know | UH324 |
| 68 | Have you ever tried to conceive for more than one 1 year without success? This element will only be displayed if option 1, "Girl", was selected in question 41, "What biological sex were you assigned at birth?" | 1. Yes 2. No 3. Don't know 4. Not relevant 5. Don't want to answer | UH325 |
| 69 | Have you tried to get a partner pregnant for more than 1 year without success? This element will only be displayed if option 2, "Boy", was selected in question 41, "What biological sex were you assigned at birth?" | Yes No Don't know Not relevant Don't want to answer | UH326 |
| 70 | Would you (and your potential partner) consider freezing eggs to preserve fertility? | 1. Yes 2. No 3. I don't want to have children 4. Don't know | UH327 |
| 71 | Which statement best describes in vitro fertilization (IVF and ICSI)? | 1. A simple and fast process with a high likelihood of having a child 2. A demanding process physically and emotionally, with a high likelihood of having a child 3. A demanding process physically and emotionally, with uncertain chances of having a child 4. Don't know | UH328 |

- Q66-67: Not validated questions.
- Q68: Question from "The Woman and Health Survey".
- Q70: Questions adapted from the following study: https://doi.org/10.1111/aogs.13024.
- Q71: Not validated question.

3. Rationale for choosing the questions:

The questions pertaining to the duration of attempting to conceive were developed to identify participants whose time frame aligns with a diagnosis of "infertility."

- Q66-67 Probes subjective perception of own fecundity
- Q70-71 Probes attitudes to and knowledge of different ART procedures

4. Revision during the data collection period:

Partner cohort

| Q | | Response options | Variable name |
|------|--|---|---------------|
| 72 | Do you have a girlfriend or partner/spouse who is at least 18 years old and would like to fill out a separate questionnaire? You will not be able to see each other's responses. Access to the other questionnaire will be given when you submit this questionnaire. | Yes No Not relevant | UH329 |
| 72.1 | Do you consent to linking your data with your partner's data? If so, fill in the code you got on SMS in the box below. | Text box: XXXXXX (max 6 digits) | UH330 |

2. Description of original instrument:

• Q72: Not validated question.

3. Rationale for choosing the questions:

Assess if the respondent has a partner who would like to participate, and facilitate linkage with the partner if relevant

4. Revision during the data collection period: