

Coronavirus vaccine for adults



Coronavirus disease (COVID-19) can cause a range of respiratory problems. Many people experience no or only mild symptoms, but some people can become very ill. The purpose of vaccinating against coronavirus is to prevent serious illness and death.

The protection you gain after previous doses of the vaccine or after having had the disease will diminish over time. The Norwegian Institute of Public Health (NIPH) therefore recommends that those who are most vulnerable to severe coronavirus disease have a further dose before the 2023/24 winter season.

Who should have a further dose of coronavirus vaccine?

If you are:

- aged 65 or older,
- living in a nursing home,
- aged between 18-64 years old and belong to a risk group, or are
- pregnant,

it is recommended that you have a further dose of coronavirus vaccine. By 'risk group', we mean anyone who has certain diseases or conditions which increase the risk of becoming seriously ill from coronavirus. If you are unsure whether you are in a risk group, you can find out more at [fhi.no](https://www.fhi.no) or ask your doctor.

The vaccine is free.



Read more at
[fhi.no/voksevakinasjon](https://www.fhi.no/voksevakinasjon)

Can the vaccine be given at the same time as other vaccines?

Yes, the coronavirus vaccine can be given at the same time as the normal influenza vaccine. The vaccines are given in different arms.

How effective is the vaccine?

The vaccine provides good protection against severe coronavirus disease. The vaccine does not completely protect against becoming infected or passing on infection.

Does the vaccine have any side effects?

All medicines and vaccines can cause side effects, but not everyone experiences them. Most side effects occur in the first few days after vaccination and are usually mild to moderate and pass after a few days. Some people may experience more severe symptoms. The most common side effects are

pain and swelling at the injection site, fatigue, headache, diarrhoea, muscle pain, chills, fatigue, joint pain and fever. Serious side effects are rare. Rare side effects include heavy menstrual bleeding, inflammation of the heart muscle (myocarditis) and inflammation of the pericardium (pericarditis).

The health authorities are continuously monitoring possible side effects of all vaccines.

Where can I have the vaccine?

See the information on your municipality's website about how and when you can have the vaccine.

Want to find out more?

Feel free to ask your doctor or other healthcare professional. See also the Norwegian Institute of Public Health's website:

<https://www.fhi.no/kvp>